

SPECIAL POINTS  
OF INTEREST:

- Trip Reports & Photos
- Kosciuszko Tour Report
- Ski Tour Program

INSIDE THIS  
ISSUE:

President's Piece, Transport options to the resorts	2
Activities & Dates, Guidance for new members,	3
Kosciuszko Tour Report	4
Kosciuszko Tour Results	5
Trip Report — Elaine Mine	6
Trip Report — Broken Dam Hut	9
Ski Photos	10
Touring News and Gradings	14
Ski Tour Program	15
Club Committee Contacts	18
Social Meeting Program	19

2022, ISSUE 4

5 AUGUST 2022



*Burnt eucalypts and the eastern side of Tabletop Mountain - 25 July 22. Photo: Ian Turland*

## Next Newsletter

The next newsletter will be produced in early September. Deadline for contributions is 5 September. Please send any articles or photos to [cccseditor@gmail.com](mailto:cccseditor@gmail.com)

## Accessing the Members Page

When logging in via the 'Member Login' page, you need to use the "Username" and "Password" provided to members via the email "login 13/7 ...." on 13 July 2022 or via subsequent email when joining the club.

Please do not log in with your email address as this will not work.

## Social Meetings

Some of the COVID restrictions that were in place for the Social Meetings last year are no longer required, however members should exercise common sense and not attend if experiencing COVID like symptoms. Hand Sanitiser will be provided for use at the meetings.

# President's Piece

It's good to see there has been quite a few club ski tours lately. I was away earlier in the season but have enjoyed getting onto the snow more recently.

The club's Kosciuszko Tour ski race was held on 30 July. Congratulation to organisers and race participants on a successful, and enjoyable, event. (See more details on page 4 & 5).

Our club social meetings provide an excellent opportunity to get together during the week. On 27 July, Nic Bendeli gave a talk about an epic ski trek he did from Arthur's Pass to Mt Cook in New Zealand's Southern Alps. He also told us about his Perth2Sydney project, a charity event in which, using Nordic ski technique, he is skiing the equivalent distance from Perth to Sydney (4500km) to raise money for the Heart Foundation. There's more information at Perth2Sydney.com. I encourage members to make a donation to recognize Nic's effort and help this worthy cause.

Linda Berryman from the Australian Maritime Safety Authority will talk at our 17 August meeting about search and rescue and the latest developments involving distress beacons. This is very useful knowledge for anyone involved in outdoor pursuits, so do consider attending this meeting.

Our Annual General Meeting will be held on 28 September. This will include the election of our committee and it would be great to see some new faces on the committee. Our constitution sets a maximum term for club president at three years, so I will be finishing my time in that position this year. I strongly encourage members to consider nominating for this position. It's a chance to work with a great team, who come together very constructively to guide the club's activities.

*Ian Turland,  
CCCSC President*

## Transport options to the resorts from Jindabyne

To get a car parking spot at the major ski resorts, you now need to be driving through Jindabyne no later than **7.00am** (even earlier on weekends in school holidays). What are your options if you don't fancy an early start or driving your car on ice- and snow-covered roads? Here are a couple to consider.

### Public transport to Perisher and Thredbo from Jindabyne

[Snowy Mountains Bus Service - Cooma Coaches](#) - This bus service runs between Jindabyne and Perisher or Thredbo every Friday, Saturday and Sunday during the ski season. The cost is \$20 (adult) or \$10 (child) for a return trip. One-way tickets are also available. Return tickets include your entry into the national park. Bookings must be made online through Cooma Coaches. The drivers don't take cash or cards. For more information, to book and pay online go here: <https://transportnsw.info/plan/places-to-visit/snowy-mountains>.

You will need to find a legal place to park in Jindabyne for the day, but it will save you the hassle of trying to get a parking spot at the resorts. It could also be very useful for those planning a tour from one resort to the other, saving a car shuffle.

The return service from Jindabyne to Perisher or Thredbo runs every 30 minutes during peak and is the most affordable and stress-free way to get to the ski fields. The buses leave every half hour from 7.00 – 10.30 am and 2.00 – 6.30 pm, with an hourly service between 11:00 am to 2:00 pm.

### Skitube

Drive to Bullocks Flat and catch the Skitube up to Perisher.

This used to be a viable (if somewhat expensive) option for getting up to Perisher and back in a day. However, this season Perisher have introduced a restriction on what they call 'Sightseeing' day return tickets (i.e., tickets not purchased in conjunction with a resort lift ticket). These tickets can now only be used **after 11 am**, which means a very late start for any ski tour! The cost is \$63 for a return trip. An unrestricted Skitube season pass is available for \$479 (adult) and may be a better option for regular users.

## Activities & Dates – 2022

### Future CCCSC Social Meetings for 2022 *(further details on page 19)*

August - Wed 17 August, Wed 31 August

September - Wed 14 September, Wed 28 September

### Sat 6 to Sat 13 August - **XC Ski Week (Perisher)**

Sat 6 August - PXC Cup

Sun 7 August – Boonoona Open

Mon 8 August – KAC XC Classic *(moved from Wed to Mon)*

Tues 9 August – Coffee Tour

Wed 10 August – Charlotte Pass Open & NSW Twilight Relays *(moved from Mon to Wed)*

Thur 11 August – Sundeck Handicap

Fri 12 August – Coffee Tour

Sat 13 August - Snowy Mountains Classic

Sun 14 August - ACT & NSW Ski Orienteering Championship

### Tues 23 to Sun 28 August - **Victoria Skiing (Falls Creek)**

Sat 27 August – Kangaroo Hoppet

## Guidance for New Members on Club Ski Tours

- Details of the club ski tours are available on the [tours](#) page and [members](#) page on the club web site.
- Contact the tour leader at least two days before a tour (ie – by Thur pm for a weekend tour) to enable the tour leader to finalise arrangements.
- Car pooling for ski tour participants will be arranged by the tour leader.
- Passengers should provide a contribution to the driver to cover fuel costs, park entry etc. This cost can vary, but is usually \$40 to \$50, based on 3 passengers in a vehicle. If going by ski tube from Bullocks Flat then the cost for the driver will not include KNP park entry and will be less, closer to \$30. Ski tube costs are additional. *(See box below for updated information concerning the Ski tube).*
- If hiring ski gear, pre-book any ski hire and let the driver know in advance, as this helps with the timing of the transport and the tour on the day.
- Participants should review the [checklist](#) on gear and clothing.
- Further advice for ski tour participants is available [here](#)

# Kosciuszko Tour Race Report

The Kosciuszko Tour was held on Saturday 30 July in perfect conditions. Clear skies, no wind and perfectly groomed trails greeted the 34 skiers who took part. A very cold start meant the trails were firm first up but softened up a little in the sun. Unfortunately, one competitor dislocated their shoulder early in the race and was attended to by the ski patrol. We hope he makes a quick recovery.

Entrants ranged in age from 14 to over 70. Garry MacDougall came in first place in the men's freestyle event. Alina McMaster was the first female and second overall in the freestyle category. The classical event winners were Sven Howarth and Yvie Wei. Full race results are published in this newsletter.

Once again it was a close battle between Ken Moylan, Bruce Porter and Alan Levy. This year Alan Levy was out in front, followed very closely by Bruce Porter then Ken Moylan. However, Rowan Christie was first club member over the line in 2:12:45.

The presentation was held at Altitude the Lodge in Smiggins. Prizes from Rhythm Sports, Mont, Rebel Sport and Wild Brumby Distillery were handed out to the winners and placegetters. Age group winners scored our famous Kosciuszko Tour mugs.

A big thank you to the everyone who volunteered their time and effort to make the 2022 Kosciuszko Tour a success!

*Jo-Anne Clancy*

*Racing Coordinator*



*Racers at the start of the Kosciuszko Tour - 30 Jul 22. Photo: Perisher XC facebook site (Kaz Forman)*



## CCCSC 2022 Kosciuszko Tour

## Final Gender Results



Place	Bib	Name	AG	Club	Time
Freestyle					
Female					
1.	25	Alina McMaster	Under 60 Female	NSWACTXC Pygmy Possums	1:01:41
2.	23	Kate Greenwood	Under 70 Female	Snowy Mountains Nordic	1:16:39
3.	27	Elena Smertina	Under 30 Female	CCCSC	1:21:15
4.	37	Deb Purss	Under 60 Female		1:38:35
5.	30	Monika Binder	Under 70 Female		1:43:00
6.	22	Sarah Essex	Under 60 Female	SASC	2:38:17
7.	20	Susan Daniell	Under 60 Female	Canberra Cross Country Ski Club	2:42:36
DNS	26	Jennifer North	Under 50 Female	VESDA	
Male					
1.	33	Garry McDougall	Under 70 Male		59:51
2.	21	Rohan Essex	Under 60 Male	SASC	1:01:50
3.	34	Adrian Blake	Under 70 Male		1:12:47
4.	28	Zac Zaharias	Under 70 Male	Biathlon Australia	1:17:24
5.	24	Warren Jack	Under 70 Male	Warrugang	1:17:42
6.	35	Gary Simms	Under 70 Male		2:04:59
7.	19	Roy Daniell	Under 60 Male	Canberra Cross Country Ski Club	2:42:35
Classical					
Female					
1.	18	Yvie Wei	Under 18 Female	Pygmy Possums	01:24:16
2.	3	Gabriella Forman	Under 18 Female	Nswactxc pygmy possums	01:25:36
3.	36	Acacia Rose	Under 70 Female	K7	01:47:47
4.	10	Jean Pyke	Under 50 Female	Navy Nordic Skiing and Biathlon Association	02:51:49
5.	31	Funston Gale	Under 70 Female		03:12:19
6.	13	Taryn Dickens	Under 50 Female	Navy Nordic Skiing Biathlon Association	03:18:12
7.	14	Heather Jane Bundy	Under 60 Female	Navy Nordic Skiing Biathlon Association	03:18:16
Male					
1.	5	Sven Howorth	Under 50 Male	None	01:20:04
2.	11	Greg Sharp	Under 70 Male	Snowy Mountains Nordic	01:24:44
3.	16	Christopher Wall	Under 70 Male	NONE	01:43:34
4.	17	Peter Ward	Over 70 Male	KAC	01:49:49
5.	2	Martin Fisk	Under 60 Male	None	01:51:53
6.	6	Jim Hutton	Under 70 Male	Navy Nordic Skiing and Biathlon Association	01:55:55
7.	29	Rowan Christie	Under 70 Male		02:12:45
8.	1	James Finnie	Over 70 Male	Lodge 21	02:18:56
9.	7	Alan Levy	Under 70 Male	Canberra Cross Country Ski Club	02:26:00
10.	9	Bruce Porter	Over 70 Male	Canberra Cross Country Ski Club	02:26:18
11.	32	Ken Moylan	Under 70 Male		02:29:43
12.	38	Clinton Porteous	Under 60 Male		02:31:32
13.	15	Gary Steiger	Under 60 Male	Navy Nordic Skiing Biathlon Association	03:18:08
DNF	8	Andrew Nicholls	Under 60 Male	NSW Nordic Ski Club	
DNS	4	Tony Garr	Under 70 Male	none	
DNS	12	Michael Stenning	Under 70 Male	Southern Alps Ski Club	

Chief of Race: Peter Ward

Chief of Course: Virpi Komulainen

Technical Delegate: Geraldine Blanch

Timing: Peter Heeley



## Trip Report — Mt Selwyn to Elaine Mine — Sat 23 July

Eight of us (Rupert Grayston, Jess Moore, Penny Rossiter, Mal Gould, Ian Turland, John Giacon, Mike Hinchey and myself) met at Adaminaby at 8:15am for coffee before continuing on to Mt Selwyn. The weather was great and luckily there was still enough snow in the Mt Selwyn area to do this ski tour.

We parked our cars at the locked gate about one kilometre before the Mt Selwyn Resort and were able to ski alongside the road on a thin strip of snow all the way up to the resort. As the resort won't open until next year the place was deserted and we were able to ski up the downhill slopes before joining the Mt Selwyn XC pole line which headed across the plateau to the east of the resort. We had a great view of Mt Jagungal to the south and Tabletop Mountain to the southeast. The snow was fast but easy to ski on, and we quickly crossed the plateau to reach the Tabletop Fire Trail. From here we headed south along the fire trail and descended to Four Mile Saddle where we stopped for morning tea. During the break we had some entertainment watching Rupert trying out his new drone, which was able to get some great aerial footage of the surrounding area.

Heading south from here the snow cover became more patchy but we were able to keep our skis on most of the way with a mixture of grass and snow skiing. The snow cover improved as we climbed up the slope from Four Mile Creek towards Milkman's Flat. We left the fire trail and headed east across the head of two creeks before descending a ridge towards Bloomfield Creek and Elaine Mine. We arrived at the edge of a large hole in the ground — the South Bloomfield Sluicing. The snow had now run out so we left our skis here and walked down the grassy and bushy slope towards the creek in search of the portable steam engine and other relics scattered around Elaine Mine, however we never found them as we walked too far downstream instead of

*(Continued on page 7)*



*Snowy slopes above Elaine Mine, 23 Jul 22.*



*The South Bloomfield Sluicing hole, 23 Jul 22.*



*Mike, Penny, John and Mal at the Selwyn XC Trail - Tabletop Fire Trail junction, 23 Jul 22.*



*(Continued from page 6)*

heading upstream. By this time it was after 1pm so we stopped for lunch on a grassy slope overlooking the Bloomfield Creek valley.

Ian was continuing on to camp at nearby Broken Dam Hut, so we left him here and walked back up the hill to collect our skis to begin the long journey back to the cars. It was about 2pm when we headed off and started climbing back up the ridge towards the Tabletop Fire Trail. By this time the snow had softened nicely and the skiing was fantastic, along with the weather which consisted of some sunshine, some high cloud, and almost no wind. We retraced our route back along the fire trail and had an easy climb from Four Mile Saddle up the hill to the plateau, followed by some great skiing on soft but fast snow across the plateau back to Mt Selwyn Resort. We arrived back at the cars around 4:45pm, having skied about 18.5km.

Considering there had been almost no snowfall for weeks the snow cover in this area was still quite good, allowing us to ski almost all the way to our destination. The weather was perfect and it was great having the place all to ourselves and not having to negotiate the crowds and parking chaos further south at Perisher. Hopefully there will be enough snow in this northern end of the park to allow further tours in the coming weeks.

Alan Levy



*Mt Jagungal in the distance, 23 Jul 22.*



*Mine spoil in Bloomfield Creek, from a previous trip in Sept 04.*



*This is what we were trying to find - some of the mining relics at Elaine Mine, an ore carriage and portable steam engine, seen on previous visits to the area.*

*Photos: Alan Levy*



*The group skiing near the junction of the Selwyn XC Trail and Tabletop Fire Trail, 23 Jul 22.  
Photo: Rupert Grayston*



*Aerial view looking west towards Mt Selwyn. Five skiers are visible at the bottom of the photo. 23 Jul 22.  
Photo: Rupert Grayston*



## Trip Report - Broken Dam Hut and Beyond - 23-26 July

In previous years, my skiing excursions out from Mt Selwyn have not gone much further than Four Mile Hut (when it existed) and I've been keen to ski more of this area of northern Kosciuszko National Park. Alan Levy's 23 July tour to Elaine Mine provided a good opportunity to extend that to a few days in the area around Broken Dam Hut.

After an enjoyable morning skiing with the group on Alan's tour, I skied among the burnt trees above Bloomfield Creek to Broken Dam Hut, my base for the next couple of days. Melinda Brouwer skied into Broken Dam Hut from Mt Selwyn the following day (Sunday) and, in good weather and with reasonable snow cover, we did an afternoon tour to Four Mile Hill. The next day was an opportunity to go further afield and we skied south along Tabletop Mountain Trail to Boltons Hill Trail, with a side excursion to the top of Tabletop Mountain. I had never been up Tabletop Mountain before and, aside from a cold wind, it was great to get there.

In line with forecasts, the weather started closing in on Monday night and on Tuesday morning we skied out to our cars along the standard route, with intermittent sleet around us. It was good to finally spend some extended time in the area. It's a great place to ski – when there's enough snow – and I hope to get back there.

Ian Turland

*Clouds building in the west.  
Photo: Ian Turland*

*The south side of Tabletop Mountain provides good routes to the top.  
Photo: Ian Turland*



*The trail to Four Mile Hill, with Tabletop Mountain behind. Photo: Ian Turland*





## Other Photos



*Stephanie, Arnold, Jo-Anne & Gale at the finish line of the Kosciuszko Tour - 30 Jul 22. . Photo: Alan Levy*



*Racers at the Nordic Shelter before the start of the Kosciuszko Tour - 30 Jul 22.  
Photo: Perisher XC facebook site (Kaz Forman)*





*Ken, Mike, Gale & Rupert checking out the remains of a large winch used during construction of the penstock pipes above Guthega Power Station - 31 Jul 22. Photo: Alan Levy*



*A unique view of Horse Camp Hut - 31 Jul 22. Photo: Rupert Grayston*

## Perisher - perfect one day, under water the next!



*Early morning at the Perisher Nordic Shelter - 30 Jul 22. Great snow and perfect weather.*

*Then the weather changed a few days later!*



*A few days later during the big rain event. Perisher Creek in front of the Perisher Centre - 4 Aug 22.*





*One good way to ease the crowds and parking congestion at Perisher is to flood everyone out!*

*Lake in front of the toboggan area near the Perisher carpark - 4 Aug 22.*

*Flooded creek and lake near the Chalet at Charlotte Pass - 4 Aug 22. Hopefully this won't impact the races next week!*



*A flooded Perisher Creek - 4 Aug 22.*

# Touring News

The Tour Program, containing tour leaders contact details, will be available in the Members Only section of the web site, in the Members version of the Off-Piste newsletter, and also on tour sheets put out at club social meetings where members can put down their names for tours or propose new tours. Between each monthly newsletter, additional tours will be advertised on the web site and/or by separate emails to members. Non-members will also have access to the Tour Program (*without tour leaders details*) in the 'Tours' page on the web site and on the Club Facebook page.

The Club Facebook page has been popular for trip reports and photos and is a good way of seeing what the skiing conditions are like throughout the season. New tours proposed on Facebook will not be designated as formal club trips but people are welcome to propose tours here, and should be aware of the Club guidelines below.

On the Club web site, the 'Info / Club Forms' page contains the following forms and guidance that should assist tour leaders and participants:

- *Advice for Tour Participants*
- *Advice for Tour Leaders*
- *Guide to Transport Costs*
- *Tour Intention Form – Tour Details & Acknowledgement of Risks and Obligations*
- *Emergency Procedures*
- *Incident Report*
- *Medical Information & Emergency Contact*
- *Ski Tour Grading*

If anyone is interested in leading tours feel free to contact myself at [cccstours@gmail.com](mailto:cccstours@gmail.com).

*Ralph Gailis, Tour Coordinator*

## Ski Tour Gradings

It is important that tour participants ensure that their abilities match the skill levels required by the tour – a description of the Terrain, Distance and Skill Level descriptors is provided below and under Ski Tour Grading on the club's web-site.

### TERRAIN

**Rolling** — Flat to gently rolling hills, no big hills to climb or descend. There may be some steep sections but these will be short and easy to negotiate.

**Hilly** — Large rounded hills requiring several turns to descend but not technically difficult. There may be some steep sections but these will be short and easy to negotiate.

**Steep** — Steep skiable hills including black runs at resorts, cornices and chutes. Technically difficult slopes to descend.

### DISTANCE

**Short** — Under 8km/day and < 200m vertical climb. A moderate level of fitness is required.

**Medium** — 8km to 15km/day or 200m to 600m vertical climb. A moderate level of fitness is required.

**Long** — Over 15km/day or > 600m vertical climb. A high level of fitness is required.

### SKILL LEVELS

**Basic** — Can maintain control and perform the following skills on gentle terrain: kick turns, snow plough, side step, herring-bone, traverse and diagonal stride.

**Intermediate** — Can maintain control and perform the following skills on hilly terrain: kick turns, snow plough turns, step turns, side slip, side step, herringbone, traverse, diagonal stride and self arrest.

**Advanced** — Can maintain pace over long distances. Has intermediate skills plus able to link stem, parallel or telemark turns.



Date	Event Description	Leader
	Ski tours will be advertised in Off-Piste, at the Social Meetings, on the Club web site and via email to members. The web site will be updated with any new tours as soon as they are advised.	
August	<b>Kalkite Accommodation</b>	
	Accommodation at Kalkite will be available to Club members from Sunday, 7 August until the first week of September. Email <a href="mailto:ccscscanberra@gmail.com">ccscscanberra@gmail.com</a> to express interest.	
Saturday 6 to Saturday 13 August	<b>Perisher XC Ski Week</b>	
	XC Ski Week is a week for all XC enthusiasts whether you're a beginner, a seasoned racer or a recreational skier. Lots of races and fun events (see below). For more Information visit the <a href="#">Perisher X Country</a> web site.	
Sunday, 7 August	<b>Kiandra Area</b>	
	<b>Basic-Intermediate skills, Rolling terrain, Medium distance</b>	
	A ski tour in the Kiandra area in the northern end of the park, away from the crowds. The preference is to ski in the Gooandra area (unburnt country) with a fallback to Selwyn. Meeting at Adaminaby bakery at 8.45am.	
Sunday, 7 August	<b>Race – Boonoona Open</b>	
	<i>A 5km race for all standards around the Perisher Trails, starting at 10:30am. Classic and Freestyle.</i>	
Monday, 8 August	<b>Race – KAC XC Classic (50th Anniversary Race)</b>	<a href="#">Register Here</a>
	<i>This is the biggest race of the week and has a long history of almost 50 years. It is the only point to point race of the week, starting in Perisher Valley at 10:30am and finishing in Charlotte Pass. Classic and Freestyle. Many Club members participate in this event, then have lunch at the Chalet, followed by a leisurely ski back to Perisher.</i>	
Tuesday, 9 August	<b>Mystery Coffee Tour #1</b>	Register on the day at the Perisher XC Centre (9am)
	<i>The Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. A guide is provided which will take you on a tour over some wonderful skiing terrain. As the name implies, it's a mystery as to where and when the coffee is supplied. It could be out on the plains or via a visit to a warm location within Perisher, Smiggins or Guthega. Tour to be approx 5 - 10 km in length, dependent on the numbers and the prevailing weather. Bring \$10 to cover the cost of having great coffee and food.</i>	
Wednesday, 10 August	<b>Race – Charlotte Pass Open</b>	<a href="#">Register Here</a>
	<i>A 2-3km Classic sprint race held at Charlotte Pass. Skiers leave the gate at 30-second intervals which are different to all races during XC Ski Week. This race has traditionally been a club race for Kosciusko Alpine Club (KAC) members but it is open to all. An excellent lunch is provided after the race at the KAC lodge at Charlotte Pass.</i>	
Wednesday, 10 August	<b>Cheer squad at the Charlotte Pass Open</b>	
	<b>Intermediate, Rolling-Hilly terrain, Long distance</b>	
	<b>Intermediate</b> skills necessary and important for you to contact me if you have and questions on your ability to do this tour etc.	
	Ski from Perisher to Charlotte's Pass to cheer on those participating in the Charlotte Pass Open. We will meet inside the NPWS building for a <b>9am start</b> to allow enough time for us to arrive for the 11am event. Please be on time as we will get away at 9am sharp. We will ski up the road to CP and if conditions allow, return via Johnny's Plain/ Bett's creek/ Porcupine trail back to the carpark. Bring snacks, lunch and drinks, and dress or pack clothing for all mountain conditions. We will have lunch at CP after the race event. Lunch/drinks can be purchased at the Chalet Hotel café.	

Date	Event Description	Leader
Thursday, 11 August	<b>Race – Sundeck Handicap Race</b>  <i>A 7.5km handicap race around the Perisher trails, starting at 11am. After the event as part of the entry fee, the Sundeck Hotel puts on a great lunch and drinks. This is also a fundraising event where all monies go towards XC Skiing.</i>	<a href="#">Register Here</a>
Thursday, 11 August	<b>Full Moon Ski on the Perisher Trails</b>  <b>Intermediate Skills, Gentle Terrain, Short Distance</b>  Here is a tour with a difference! Happily all will not be dark, as this is the night before the full moon. Moon rise is at 4.15 pm so the moon will be high by the time it gets dark. The tour will start, weather permitting, at 6.30 pm from the Nordic Shelter and go around the 5 km loop. A head lamp is essential, and of course people should dress for the weather, and expect the trails to be frost hardened.  If the weather is unfavourable, there is a possibility of running the trip on Friday night instead.	
Friday, 12 August	<b>Mystery Coffee Tour #2</b>  <i>As per the Tuesday event, the Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. The same format will apply as per Tuesday event, it's a mystery.</i>	Register on the day at the Perisher XC Centre (9am)
Saturday, 13 August	<b>Race – Snowy Mountains Classic</b>  <i>2.5, 7.5, 15 &amp; 30km Freestyle races held around the Perisher trails, starting at 9:30am.</i>	<a href="#">Register Here</a>
Saturday & Sunday, 13 & 14 August	<b>Main Range Traverse under the Full Moon</b>  <b>Advanced Skills, Hilly &amp; Steep Terrain; Long Distance</b>  A grand adventure! Ski out to Illawong hut in the afternoon, set up camp, and then up to Mt Twynham for sunset. Ski the Main Range to Kosi, and back to the tents in the wee hours. Only in good conditions.  I once saw a photo of the Main Range under a full moon, and since then this has always been a dream! We will take a leisurely trip down to Guthega during Saturday, and ski out to Illawong Lodge in the afternoon. We will set up tents and have an early dinner. Start climbing up towards Mt Twynham around 4:30 pm to summit around sunset. Then we will traverse the Main Range to Mt Kosi, hopefully getting there before midnight. Then back to our tents along the Snowy River valley by 1-2 am, for a still reasonable night's sleep.  Skis will be highly recommended for this trip as it is likely to be icy. It will only proceed in clear weather.	
Sunday, 14 August	<b>Upper Thredbo River</b>  <b>Intermediate skills, Rolling terrain, Medium distance</b>  Along the Thredbo River upstream of Cascades Trail carpark, towards Teddy's Hut and views of the Chimneys. Depending on peoples fitness, snow and conditions we may get as far as Teddy's and we may take a small diversion part-way up the Brindle Bull.	
Sunday, 14 August	<b>ACT &amp; NSW Ski-Orienteering</b>  <i>Non-orientees are welcome to register at Eventor too (the Orienteering entry website) or to send registration to the organiser. Entry fee is \$20 (for adults), \$15 (for under 21s).</i>  <i>There are 20 control points out on the various Cross Country ski loops, marked on a map and marked physically out there. You have 2 hours to tour around on your skis and visit as many of the 20 that you can in the time. You choose your own course and direction around the various tracks/loops. Start between 10.00am - 11.30pm.</i>	<a href="#">Register Here</a>



Date	Event Description	Leader
Sunday, 28 August	<b>Ramshead Range Traverse</b>  <b>Intermediate-Advanced Skills, Rolling-Hilly Terrain, Medium-Long Distance</b>  Beginning from Dead Horse Gap, ski up through the forest towards the Ramshead. There are various rocky knolls we can bag along the way. Depending on fitness and skills of the group, we may head to Kosi South Face or Leatherbarrel Creek. There is a bit of a tricky return to the cars skiing downhill through the trees.	
Sunday, 4 September	<b>Illawong and Beyond</b>  <b>Basic-Intermediate skills, Rolling &amp; Hilly terrain, Medium distance</b>  Will start from Guthega and head up the Snowy River valley to Illawong Lodge, before continuing to Spencers Creek and across the new suspension bridge to explore the slopes of Mt Guthrie.	
Monday to Friday, 5 to 9 September & Monday to Saturday, 12 to 17 September	<b>September Ski Tours from Guthega</b>  <b>Basic-Intermediate skills, Rolling &amp; Hilly terrain, Medium distance</b>  During this period I will be running day tours from the ASC (Australian Ski Club) Guthega or Guthega Carpark to a variety of destinations short or long depending on the weather, snow conditions and how big our previous day was. I have been running tours for some decades from Guthega and we make the most of the conditions. Any CCCSC members that wish to join us can do so by phoning the ASC lodge on 0264575296 the afternoon/ evening before to get the latest details for the next day's tour and arrange a rendezvous. Some people may be concerned if they have the appropriate skill level for a tour? Let's have a chat and I am very confident I can work out if the tour is suitable for you or not.  I am staying at The ASC lodge Guthega from the 28 August for three weeks. I am a qualified ASPI X-C instructor and I have a Cert. IV in Back Country (National Training Package). I am a retired Outdoor Education Teacher in the ACT school system. I have been leading tours since the eighties and have been a member of the CCCSC since the nineties, when I did a few CCCSC tour leader's courses.	
Saturday 10 & Sunday 11 September	<b>Main Range Spring Skiing</b>  <b>Intermediate Skills, Hilly Terrain, Medium Length</b>  I will be staying in the Jindabyne / Kalkite area and probably have a trip rendezvous in Jindabyne each morning. The idea is to cover some countryside and practice downhill technique on slopes along the way. Because it will be late in the season, what we do will be dependent on where the snow is as well as weather conditions. The trips are likely to be the main range area, perhaps out from Charlotte Pass or from Guthega.  The trips would be suitable for Intermediate or advanced level cross-country skiers, or people with mostly downhill skiing experience who are fit and have at least some cross-country experience. Contact me if you have any questions.	
Monday to Thursday, 19 to 22 September	<b>Snowcamp - Schlink Hut</b>  <b>Basic-Intermediate skills, Rolling &amp; Hilly terrain, Long distance</b>  Will start from Munyang and head up the road to Schlink Hut to base camp for a few days. (Whites River Hut could be an alternative destination). Will spend the time exploring the surrounding area – the Kerries, Mawsons Hut, Valentines Hut. Happy to change the dates if it means better weather.	



## Canberra Cross Country Ski Club

Web: [www.cccsc.asn.au](http://www.cccsc.asn.au)

Email: [cccscanberra@gmail.com](mailto:cccscanberra@gmail.com)

**Fun and fitness  
in the snow**

# Club Committee Contacts

Position	Name	Email	Phone
President			
Vice President			
Secretary			
Treasurer			
Membership Secretary			
Tour Coordinator			
Kosciuszko Tour Coordinator			
Meeting Coordinator			
Newsletter Editor			
Webmaster			



## Club Snow Camping Gear for hire

The following gear which is owned by the Club is available for hire to Club members. These prices are cheap. The commercial hire charge for a 2-person tent is \$45 per weekend.

**Tent** (Macpac 3-4 person) -\$20/weekend ; - \$30/week

**Trangia stove** - \$3/weekend; - \$5/week



## Club Safety Gear for use by Tour Leaders

The Club has two Personal Locator Beacons (PLB), two GPS units and some first aid kits which are available free of charge to members leading Club ski tours.

**PLB** (GME MT410G)

**Contact** Alan or Ken.





# Social Meetings 2022 (All Welcome)

## Wednesday 17 August 2022

### PLBs and Rescue

**Speaker:** Linda Berryman

Linda Berryman from AMSA (Australian Maritime Safety Authority) will talk about search and rescue and the latest developments involving distress beacons.

## Wednesday 31 August 2022

### Bushwalking and other outdoor conditions and opportunities in Tasmania

**Speaker:** Robin Collins

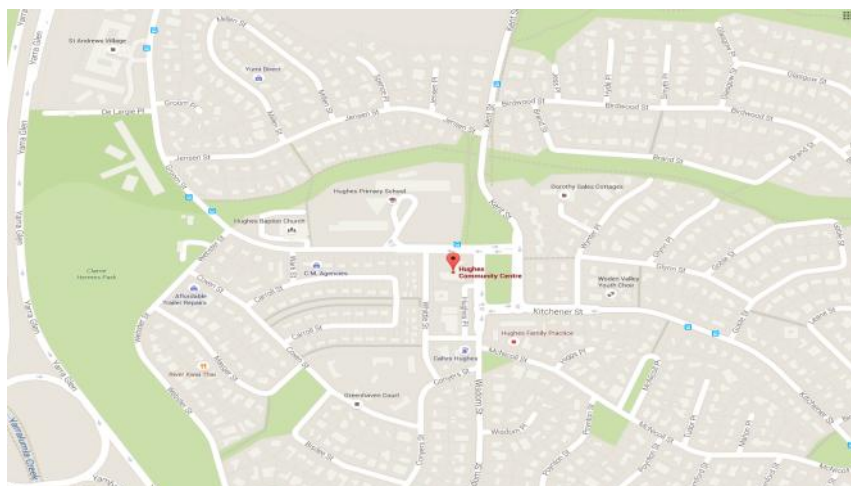
Having moved to Tasmania in early-2021, Robin Collins will speak about exploring the island, particularly the North-West, from the perspective of a new resident.

## Wednesday 14 September 2022

### Eucalypt dieback in the Australian Alps

**Speaker:** Dr Matthew Brookhouse

Dr Matthew Brookhouse will speak about his research on eucalypt dieback in the Australian Alps.



Meetings are held at the Hughes Community Centre, Hughes Place, Hughes, Canberra, Canberra on the 2nd and 4th Wednesday of every month from mid May to October. Door opens at 7.30 pm for 7.45 pm start. Light refreshments will be provided.



*Our squiggles running down towards Dainer's Creek. On a mid-week Club trip out from Dainer's Gap.  
20 July 2022. Photo: © K. Moylan*