

**SPECIAL  
POINTS OF  
INTEREST:**

- Trip Reports & Photos

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2021, ISSUE 3

5 AUGUST 2021



*I had to put this on the cover of the newsletter! Adam Lilley skiing at Gooandra Homestead - 19 Jul 21. Photo: Alan Levy*

## Next Newsletter

The next newsletter will be produced in early September. Deadline for contributions is 3 September. Please send any articles or photos to [cccseditor@gmail.com](mailto:cccseditor@gmail.com)

# President's Piece

"When it snows, off we goes!" Terrible English but now that we have some good snow cover, some club members have been quick to get down to the Snowies to take advantage of the much improved conditions. And at the time of writing this piece, more snow was on the way. The ski season is showing some real promise!

That said, we will need to be mindful of the Covid situation in NSW, which at the time of writing continues to be a mounting challenge for NSW. Club members should factor this into their intentions/planning for trips to the snowfields. Fortunately, the nature of our skiing activities means we tend to be insulate ourselves from NSW residents even if we are skiing in their state. For any trips that do proceed we should, of course, take all appropriate precautions to absolutely minimise any transmission risks on trips to the snow.

Despite the Covid and weather challenges, the club's Kosciuszko Tour ski race was run on the Perisher Trails on 31 July, with numbers up on previous years. A big thank you to Jo-Anne Clancy and others for their work on this key club event.

Our tour program is starting to fill out more. But, again, a plea for more leaders for tours; otherwise, this becomes a real constraint on the club's tour program.

Car-pooling for trips to the snow is one of the benefits provided by the club. The committee is reviewing guidelines for sharing transport costs, as elaborated below in this newsletter. We welcome any input on this from the broader membership.

*Ian Turland,  
President*

## Sharing Transport Costs

The CCCSC committee is currently reviewing the club's guidelines for passenger contributions to drivers' transport costs for club trips. There is an existing document for this purpose on the club's website ("Guide to Transport Costs") and drivers are invited to use this as a basis for cost-sharing. However, it is appropriate to review its currency, given the passage of time. We invite input on this issue from members – please make any views known to the committee, so they can be used as input to our deliberations.

A separate issue, although still related to transport, is how to treat the situation where a car used for car-pooling for a club activity is damaged during the trip. Hitting a kangaroo is the most obvious risk but there are others, such as hail damage. Should the club provide guidelines regarding coverage of the insurance excess car-owners face to repair such damage? Should the club contribute to covering this cost? What about passengers and/or other trip participants? There are a number of variables involved and the issue is not a simple one. The committee will also consider this issue and, similarly, would welcome any perspectives members have to offer.

## Social Meetings

COVID restrictions mean there is currently a limit of 42 people at the Social Meetings.

The Club is required to provide a COVID Safety Plan for the Social Meetings, and this is contained on page 26 in this newsletter for information.

To assist with contact tracing, people attending the Social Meetings are required to check in via the QR code using the **Check-In CBR** app on their mobile device, otherwise sign in via a written list.

## Accessing the Members Page

When logging in via the 'Member Login' page, you need to use the "Username" and "Password" provided to members via the email "CCCSC Update to member login details 2021" on 13 July 2021 or via subsequent email when joining the club.

Please do not log in with your email address as this will not work.

## Accommodation at Kalkite during August

Accommodation at Kalkite will be available to Club members from Sunday, 8 August 2021 until the first week of September, similar to what occurred last year. The cost is \$40 per night/person.

Email [cccscanberra@gmail.com](mailto:cccscanberra@gmail.com) to express interest.

## Guidance for New Members on Club Ski Tours

- Details of the club ski tours are available on the [tours](#) page and [members](#) page on the club web site.
- Contact the tour leader at least two days before a tour (ie – by Thur pm for a weekend tour) to enable the tour leader to finalise arrangements.
- Car pooling for ski tour participants will be arranged by the tour leader.
- Passengers should provide a contribution to the driver to cover fuel costs, park entry etc. This cost can vary, but is usually \$40, based on 3 passengers in a vehicle. If going by ski tube from Bullocks Flat then the cost for the driver will not include KNP park entry and will be less, closer to \$30. Ski tube costs are additional.
- If hiring ski gear, pre-book any ski hire and let the driver know in advance, as this helps with the timing of the transport and the tour on the day.
- Participants should review the [checklist](#) on gear and clothing.
- Further advice for ski tour participants is available [here](#)

## Race Report - Kosciuszko Tour

The Kosciuszko Tour was held on Saturday 31 July. The number of entrants was surprisingly good at 53, despite the Covid 1 lockdown in Greater Sydney and the very windy weather. Numbers were boosted by the top young skiers who were unable to travel to the championship races in Victoria.

Setting up the outside race office was a challenge, with the tent threatening to take off with every gust of wind. Fortunately, it was well staked down and survived the tempest. As the morning progressed the sun even came out – but alas the wind persisted. The competitors had a tough race with slow wet snow and the 70km/h gusts. A few skiers were blown over and an expensive carbon fibre pole was snapped in half, but everyone made it back in once piece to enjoy a BBQ lunch outside the Nordic shelter.

Entrants had the option of 7km or 12km in either classical or freestyle techniques. Sven Howarth was first in the 12km classic. Alina McMaster was the first female and second overall. In the 12km freestyle first places went to Liam Burton and Rosie Fordham. First places in the 7km events were Ashton Chamberlain (men's freestyle) Gabriella Forman (women's freestyle) and Kathryn Dwan (women's classic). Full race results are published in this newsletter.

Special congratulations to Ken Moylan who finished just ahead of fellow club members Bruce Porter and Alan Levy, and members Kathryn Dwan and Louise Curham on completing their first xc ski race.

A big thank you to the following people who volunteered their time and effort to make the 2021 Kosciuszko Tour a success: Peter Cunningham, Peter Ward, Rhonda Cunningham, Leslie Ludwig, Margaret Mahoney, Anthony Evans and everyone else who helped on the day.

A reminder that XC Ski week at Perisher starts this weekend with a week of tours and races for all levels.

*Jo-Anne Clancy,*

*Kosciuszko Tour Coordinator*

## Kosciuszko Tour



*Rainbow seen from the Perisher trails during the Kosciuszko Tour - 31 July 21. Photo: Caroline Archer*



*Garry Boxsell, Bruce Porter, Alan Levy and Ken Moylan after completing the Kosciuszko Tour – 31 July 21.  
Photo: Jo-Anne Clancy*



## Fischer Transnordic 66 Crown Extralite

Fischer have updated all their nordic touring skis for 2022, with new names, topsheets and subtle updates to the construction.

Fischer's **E99 model** has been the world's best selling nordic touring ski for over 40 years thanks to it's 66-54-61 mm sidecut and medium stiff nordic flex, a combination that ensured these skis gave the best all round performance in undulating terrain, whether you're looking to cover many kms or want to climb efficiently.

For 2022 Fischer have renamed these skis the **TransNordic 66**, the 66 referring to the tip width in mm - no one has ever understood where the "99" came from !!

Fischer have wisely made only minor updates to these skis, the flex and sidecut stay unchanged, with only minor changes in the build plus a new topsheet.

The TransNordic 66 is available in two versions for 2022, the TransNordic 66 **Easy Skin Extralite** (a wax ski) and the TransNordic 66 **Crown Extralite** (a waxless ski).

The TransNordic 66 Crown Extralite has Fischer's Offtrack Crown waxless "fishscale" base which offers hassle-free climbing in fresh and soft snow conditions. The Offtrack Crown base is ideal for trips where snow conditions and temperatures will change often, or for skiers who prefer the convenience of a waxless base.

For icy conditions and when climbing longer and steeper slopes you can always add full length skins.

The TransNordic 66 is light, weighing only 1.73 kg / pair 200cm thanks to the Air Tec construction and has full length metal edges to ensure reliable grip in all snow conditions.

**Model: Fischer Transnordic 66 Crown Extralite:**

Lengths: 180-185-190-195-200-205-210 cm

Sidecut: 66-54-61 mm

Weight: 1.730 kg / pair 200 cm

Base: Offtrack Crown waxless "fishscale" base



## Trip Report - Gooandra Homestead backcountry trip - Sat & Sun, 17-18 July

After staying for a weekend at the Gooandra Alpine Cottages a decade ago during a Mt Selwyn family ski holiday, my interest was piqued about the origins of the name of Gooandra. After learning that Gooandra was a historic miner's hut above the snow line approximately 5km from the Snowy Mountains Highway and well within reach for a weekend backcountry ski trip, I was determined to ski there one day on a backcountry trip.

An intense low pressure system over southern Australia in mid-July brought a welcome dump of snow and gave me the opportunity I had been looking for. After staying at the Alpine Hotel in Cooma the night prior, with my boys aged 13 and 11, another friend and his son, after passing through Adaminaby we drove on snow-covered roads to the track head of the Gooandra Homestead Track six kilometres north of Kiandra.

Parking my vehicle just off the highway in a snow-covered 'car park', we skied the first one kilometre in about 20cm of fresh, cold and dry snow, to the main Gooandra Homestead Track carpark. After passing through a locked gate, with the help of strong westerly conditions we skied past the old Six Mile Diggings, up a ridgeline and followed the Gooandra Trail for another 3.5 kilometres. We then arrived at a track junction with a sign indicating the turn off to the homestead 400m away. After a four hour ski, the group descended the final distance to arrive at the homestead in stunning wintery conditions in about 40 cm of snow.

While I did not see them, the first skiers of our group to reach the homestead during heavy snowfall spotted a herd of brumbies that quickly left the scene. After an enjoyable evening inside the historic and quite spacious three-roomed homestead and enjoying the wonderful original red brick fireplace, we retired

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*Henry Jackson (green jacket) and Nick Jackson (orange jacket) and Edward Jackson at Gooandra Homestead. Photo: Edward Jackson*



*Camping at Gooandra Homestead. Photo: Edward Jackson*





*The group having a break on the trail. Photo: Edward Jackson*



*Henry Jackson on the trail close to the Snowy Mountains Highway.  
Photo: Edward Jackson*

*(Continued from page 6)*

for the evening into tents. Gentle rain overnight had softened the snow and made for heavy going the next day. At a point on the return track approximately 500m north east of Six Mile Diggings, we encountered a dozen brumbies eating grass. Shortly afterwards on the descent to the locked gate, we spotted an additional herd of about six brumbies in the distance. We arrived back at our vehicle after a three hour return leg thrilled to have to have used the opportunity of fresh snow to visit a beautifully preserved and picturesque part of the high country. A great weekend away.

*Edward Jackson*

## Trip Report - Long Plain - Thursday 22 July

After doing a ski trip into Gooandra Homestead on Monday 19 July and seeing the great snow cover in that area I decided to put on a last minute trip to Long Plain for a few days later. With fine weather forecast and good snow, many skiers came out of the woodwork and I ended up with 13 people on the trip. I had never skied at Long Plain before but I had been to a few of the huts here in summer and skiing here had long been on my bucket list.

Twelve of us (Ken Moylan, Bruce Porter, Sue Williams, Trish Woods, Deb Purss, Bill Stanhope, Garry Boxsell, Greg Lawrence, Nicole Havranek, Mike Hinchey, John Giacon and myself) met for coffee at Adaminaby then we continued north along the Snowy Mountains Highway past Kiandra to the Long Plain Road turnoff at Rules Point. Here we met Trevor Potts who had come across from Tumbarumba. It was a perfect sunny day with little wind and a good dry snow cover. Just north of Kiandra the outside air temperature read -11 deg C but at Rules Point it was closer to 0 deg C.

We headed off just after 10am and skied along the Long Plain Road up the centre of the broad valley next to a large powerline. The terrain along the road was mostly flat with the occasional gentle hill which provided some good downhill runs in the tracks. The skiing on the dry snow and in the sunshine was very easy and enjoyable. After 3km we reached the Port Phillip Fire Trail and Long Plain Hut road intersections. We headed east on the Port Phillip Fire Trail across a bridge over the Murrumbidgee River and across the open plains before leaving the road and heading another kilometre through light forest to reach Millers Hut at 11:45am.

Millers Hut is a cute looking iron hut built in the 1940's. It doesn't appear on many maps but I had previously walked into it from the fire trail about 20 years ago and knew roughly where it was. We

*(Continued on page 9)*



*Skiing along Long Plain Road. Photo: Alan Levy*



*Millers Hut. Photo: Alan Levy*





*The group at the Port Phillip Fire Trail and Long Plain Road intersection. Photo: Alan Levy*

*(Continued from page 8)*

spent about an hour at the hut having lunch and enjoying being in the outdoors on a perfect winter's day.

We then retraced our ski tracks back to the Long Plain Road then followed another road leading one kilometre up to Long Plain Hut. This is a popular camping area in summer and also has a toilet, tables and chairs, and good trees that would provide sheltered camping. We spent about 40 minutes here before skiing the 4 kilometres back to our cars at the Snowy Mountains Highway. We arrived back just after 3pm after having skied about 16.5km. We said our goodbyes then headed home, all except Trevor who camped here for the night and reported an inch of snow on his car the next morning! So we had been very lucky with the weather.

It is always good to ski in a new area, and with a few huts, great weather and good snow this was almost the perfect ski tour.

*Alan Levy*



*The group about to leave Long Plain Hut . Photo: Nicole Havranek*



## Photos - Gooandra Homestead - Monday 19 July



*Alan Levy, Deb Purss and Adam Lilley on the trail to Gooandra Homestead. Photo: Greg Lawrence*



*John Giacon and Caroline Archer enjoying the conditions.*

*Photo: Adam Lilley*

This Club ski tour to Gooandra Homestead was done the day after that of Edward Jackson and family (see earlier trip report on page 6). Thanks to Edward's group for making the ski tracks for us to follow.

Participants: Deb Purss, John Giacon, Adam Lilley, Ken Moylan, Greg Lawrence, Alan Levy, Mike Hinchey, Caroline Archer, Mike Edmondson,

The highlight of the day was watching Adam ski along the roof of the homestead!





*The group having lunch at Gooandra Homestead.  
Photo: Greg Lawrence*



*Alan and Mike reading the hut logbook.  
Photo: Caroline Archer*



*Ken couldn't resist the water!  
Photo: Caroline Archer*





*Fox tracks in the snow on the Plains of Heaven, 21 July 21. Photo: Mike Hinchey*



*Skiers approaching Long Plain Hut, 22 July 21. Photo: Mike Hinchey*



*Snow sculpture on the Plains of Heaven, 21 July 21. Photo: Mike Hinchey*



*The great snow cover around Kiandra, 22 July 21. Photo: Alan Levy*





*Skiing on Horse Plain, Thur 22 July 21. Photo: Lachlan Kennedy*



*Horse Plain and the Ramsheads, Thur 22 July 21. Photo: Lachlan Kennedy*

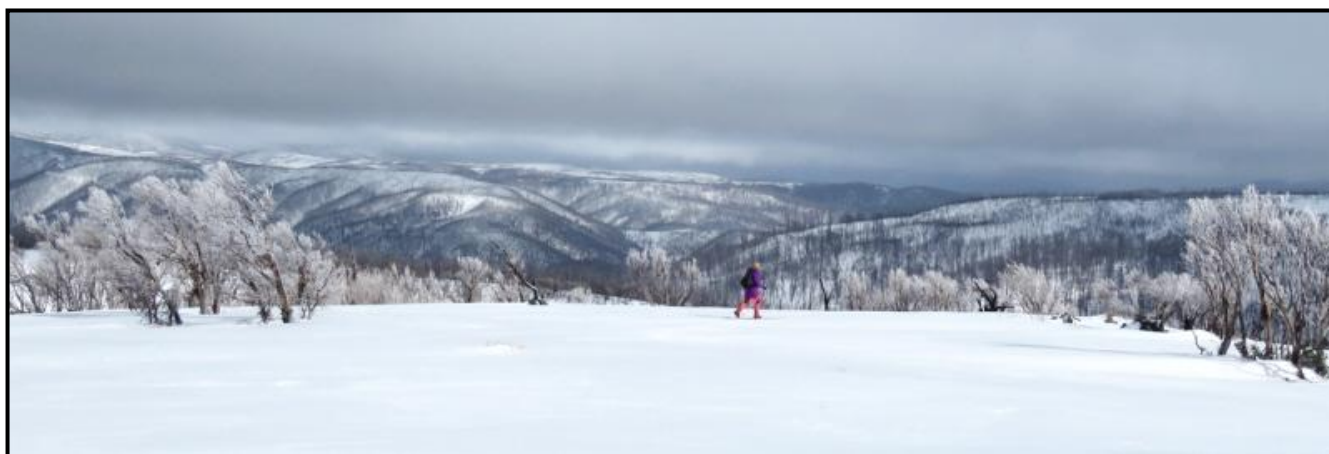




*Club members at 'Alan's Rock' near the Porcupine Link Trail, Sun 1 August 21. Photo: Alan Levy*



*Overlooking Lake Jindabyne from the escarpment near Rennix Gap, Fri 30 July 21. Photo: Alan Levy*



*View from Kings Cross, Thur 29 July 21. Photo: Jeff Ibbotson*





*Group having lunch on the Porcupine Link trail, Sun 1 August 21. Photo: Kathryn Dwan*



*Garry Boxsell and Ken Moylan at Rainbow Lake, Fri 30 July 21. Photo: Alan Levy*





*Group photo on the Porcupine Link trail, Sun 1 August 21. Photo: Sue Genner*



*Broken Dam Hut, Tues 3 August 21. Photo: Monika Binder*



## White Sherpas

How wonderful it is to go to a CCCSC Club Wednesday social meeting, so warm and cosy on a cold winter's night. How lucky if you, who may never have had mountain climbing ambitions, or whose mountain climbing experiences may be way back, or perhaps, yet to come, you may share the nerve jangling experience of mountain climbing, without actually stepping onto a frozen mountain slopes.

This was the experience of the fortunates who were able to attend the ski club meeting on Wednesday 14 July when Pat Cullinan SC, OAM, shared his experiences of the Australian Defence Force led 1988 ascent of Mt Everest.

Pat wrote a book about the climb. He called it 'White Sherpas' - a reference to a compliment paid to the Australian team by a Sherpa, highly qualified by his experience, who admired the Australians for carrying all the equipment for the climb themselves.

Their ascent of Everest was tough for the entire team, but they were successful through careful planning, patient building of their climbing skills over many years, and, yes, a bit of luck. Pat and his climbing partner, Paul Bayne, set a record for the South Col by staying in this 'death zone' for 8 days. (The 'death zone' is the altitude above which the body cannot get enough oxygen to repair itself, usually considered to be above 8,000m.) Their effort has never been equalled, but then, perhaps, not many are trying. Nor have any climbs on Everest since been done without sherpas.

And luck? On a warm up ascent of a peak in Pakistan, one of the climbers fell. To quote from 'White Sherpas':

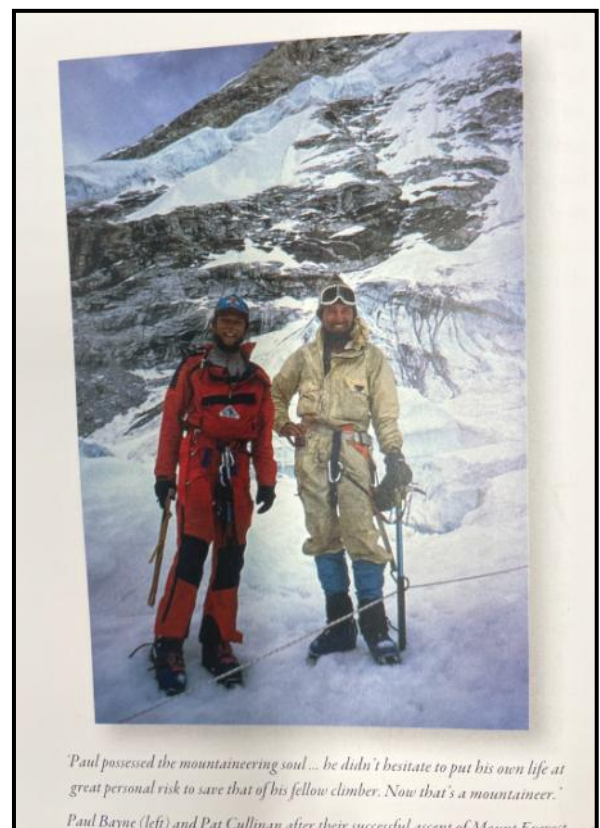
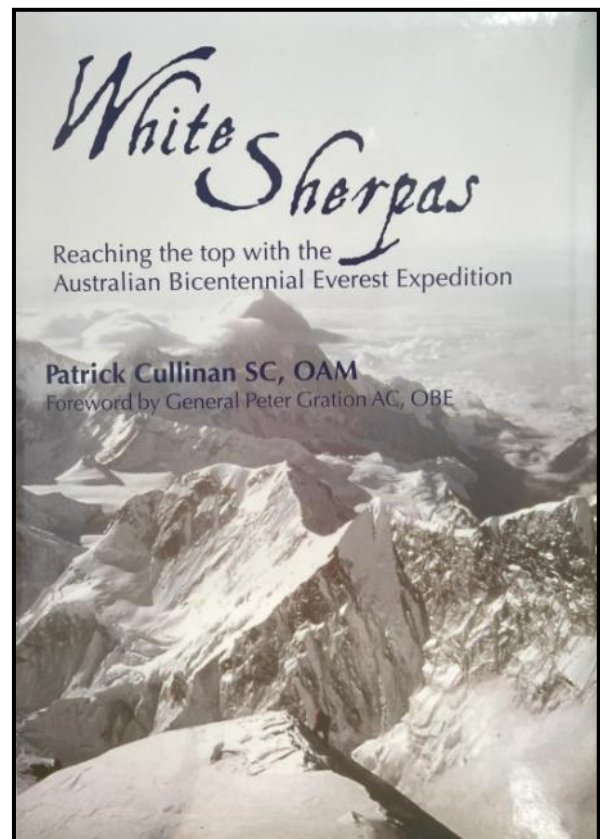
*While looking after Barry in the tent at Camp 3, Barry ... talked about what happened. Barry said that he "had caught his crampon on the snow gaiter of the other ankle as he was still going hand over hand along the fixed rope. Barry said that as he was falling he was 100% conscious, knew what was happening and thought 'I'm dead now' on a few occasions as he sped down the gully, initially upside down and then losing track of which way he was facing.*

*"He said that initially, in the first few moments of falling, he had made some attempts at stopping but could not because he was going way too fast and still building up speed. He said that he was slamming into the rock walls (or the slightly winding gully) and was feeling more and more injured. In some places where the gradient eased a little he felt himself slowing down but could not stop himself anyway, then he found himself falling over the next ice cliff and slamming into the rock walls again. He was conscious of the fact that it was a 2,000 metre gully, that he had a long way to go and was waiting for the last big knock that would kill him. He suddenly stopped but was not aware of what happened."*

Well I am not going to spoil the book by explaining here what happened, but just remember the name of Sherpa Anu.

Then there was the battle with some tribesmen who tried to extort money from the team over the use of their flying fox over a river. A

(Continued on page 19)



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price was agreed, but when the first climber crossed he was told by the 6 tribesmen on the other side no one could cross in either direction unless they paid triple the price. Not the sort of demand you knowingly make of an SAS soldier, who became fired up by a sense of injustice, and expressed it physically. The matter was then quickly settled in favour of the climbers.

And Pat's SC? 'What's that?' I hear you ask. Well, it is an Australian Star of Courage, awarded for 'acts of conspicuous courage in circumstances of great peril'. Pat received it for doing a high altitude solo rescue of a German climber who was suffering altitude sickness. Pat spent the night with him very

high on a peak, in a situation with only the slightest shelter. Daylight came, but the climber was still incapacitated, so Pat put him in a bivvy bag, tied it to his body with rope, and cramponed carefully down, sometimes on snow, sometimes on hard ice, way down, to the highest camp where a rescue was organised. It took a long time, and a lot of care, because there were no fixed ropes, and of course, no belays.

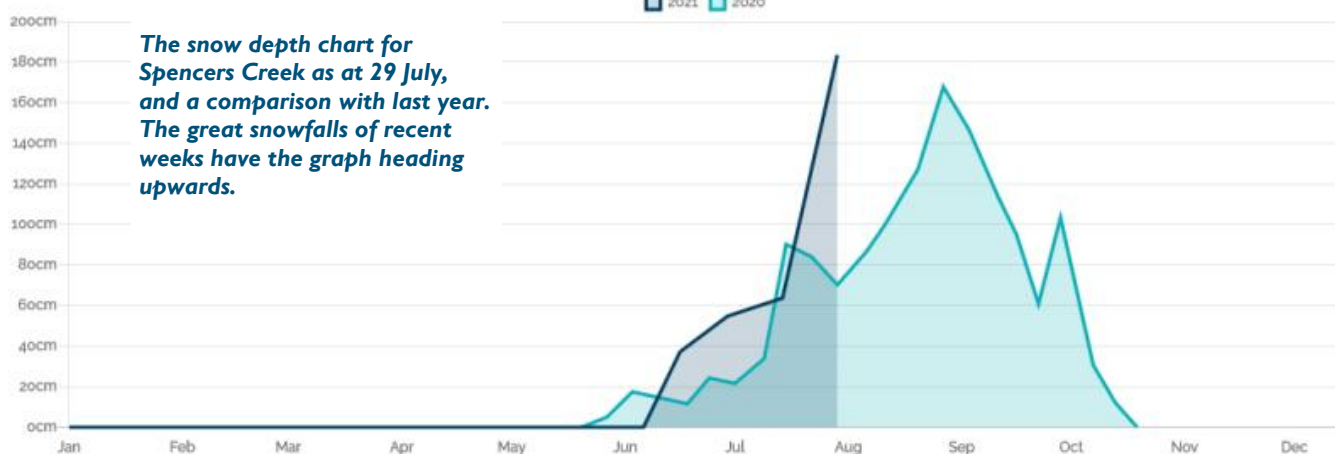
White Sherpas' is out of print, but a read only copy is held by the ACT Heritage Library in Fyshwick. Pat says it is shortly to be re-issued by Echo Press, so watch out for it.

Lachlan Kennedy

## Spencers Creek

CURRENT LEVEL 183.6cm AS OF 29 JUL 2021

2021 2020



## Ski Racks for Sale

The ski Racks, Thule brand, are in good order but alas the keys are missing. They fit vehicle without manufacturers roof racks. Price: \$80.

Joy McKay

Contact: [cccscanberra@gmail.com](mailto:cccscanberra@gmail.com)



## Snowchains for Sale

Flexible cable chains; diamond chain pattern:

(1) Excellent condition (never used) – fits the following tyre sizes:

175-13; 165-14; 155-15; 165/75-14; 185/70-13; 175/70-14; 195/65-13; 185/65-14; 180/65-365; 200/65-340; 195/60-14; 185/55-15; 195/50-15. Price: \$45

(2) Very good condition – fits the following tyre sizes:

205-14; 205/70-15; 235/50-16; 235/50-16; 225/70-14; 215-14; 215/65-15; 215/55-16; 215/50-17; 195-15; 225/50-16; 225/45-15. Price: \$25

Contact Ian Turland,

# Touring News

The Tour Program, containing tour leaders contact details, will be available in the Members Only section of the web site, in the Members version of the Off-Piste newsletter, and also on tour sheets put out at club social meetings where members can put down their names for tours or propose new tours. Between each monthly newsletter, additional tours will be advertised on the web site and/or by separate emails to members. Non-members will also have access to the Tour Program (*without tour leaders details*) in the 'Tours' page on the web site and on the Club Facebook page.

The Club Facebook page has been popular for trip reports and photos and is a good way of seeing what the skiing conditions are like throughout the season. New tours proposed on Facebook will not be designated as formal club trips but people are welcome to propose tours here, and should be aware of the Club guidelines below.

On the Club web site, the 'Info / Club Forms' page contains the following forms and guidance that should assist tour leaders and participants:

- *Advice for Tour Participants*
- *Advice for Tour Leaders*
- *Guide to Transport Costs*
- *Tour Intention Form – Tour Details & Acknowledgement of Risks and Obligations*
- *Emergency Procedures*
- *Incident Report*
- *Medical Information & Emergency Contact*
- *Ski Tour Grading*

If anyone is interested in leading tours feel free to contact myself at [cccstours@gmail.com](mailto:cccstours@gmail.com).

*Ralph Gailis, Tour Coordinator*

## Ski Tour Gradings

It is important that tour participants ensure that their abilities match the skill levels required by the tour – a description of the Terrain, Distance and Skill Level descriptors is provided below and under Ski Tour Grading on the club's web-site.

### TERRAIN

**Rolling** — Flat to gently rolling hills, no big hills to climb or descend. There may be some steep sections but these will be short and easy to negotiate.

**Hilly** — Large rounded hills requiring several turns to descend but not technically difficult. There may be some steep sections but these will be short and easy to negotiate.

**Steep** — Steep skiable hills including black runs at resorts, cornices and chutes. Technically difficult slopes to descend.

### DISTANCE

**Short** — Under 8km/day and < 200m vertical climb. A moderate level of fitness is required.

**Medium** — 8km to 15km/day OR 200m to 600m vertical climb. A moderate level of fitness is required.

**Long** — Over 15km/day OR > 600m vertical climb. A high level of fitness is required.

### SKILL LEVELS

**Basic** — Can maintain control and perform the following skills on gentle terrain: kick turns, snow plough, side step, herring-bone, traverse and diagonal stride.

**Intermediate** — Can maintain control and perform the following skills on hilly terrain: kick turns, snow plough turns, step turns, side slip, side step, herringbone, traverse, diagonal stride and self arrest.

**Advanced** — Can maintain pace over long distances. Has intermediate skills plus able to link stem, parallel or telemark turns.



Date	Event Description	Leader
	Ski tours will be advertised in Off-Piste, at the Social Meetings, on the Club web site and via email to members. The web site will be updated with any new tours as soon as they are advised.	
August	<b>Kalkite Accommodation</b>	
	Accommodation at Kalkite will be available to Club members from Sunday, 8 August 2021 until the first week of September, similar to what occurred last year. The cost is \$40 per night/person. Email <a href="mailto:ccsccanberra@gmail.com">ccsccanberra@gmail.com</a> to express interest.	
Friday, 6 August	<b>Dainers Gap</b>	
	<b>Basic-Intermediate, Rolling &amp; Hilly Terrain, Medium-Long Distance</b>	
	Starting from Dainers Gap the tour will follow the pole line along Thompsons Plain and Prussian Plain towards Perisher. The tour will start from Dainers Gap at 10am.	
Saturday, 7 August	<b>Three Mile Dam</b>	
	<b>Basic-Intermediate, Fairly Flat Terrain, Short Distance</b>	
	An easy tour around the frozen lake at Three Mile Dam, near Mt Selwyn. The terrain is mostly flat or rolling and would be suitable for beginners. Meet at Adaminaby at 8:30am.	
Saturday 7 to Saturday 14 August	<b>Perisher XC Ski Week</b>	
	XC Ski Week is a week for all XC enthusiasts whether you're a beginner, a seasoned racer or a recreational skier. Lots of races and fun events (see below). For more Information visit the <a href="http://Perisher X Country">Perisher X Country</a> web site.	
Sunday, 8 August	<b>Mt Piper</b>	
	<b>Basic-Intermediate, Hilly Terrain, Short Distance</b>	
	Starting at Perisher, the tour will explore the slopes and plateau of Mt Piper. Good views of the Main Range and some good slopes to practice on. Meet at the National Parks building at Perisher at 9:30am.	
Sunday, 8 August	<b>Race – Boonoona Open</b>	
	<i>A 5km race for all standards around the Perisher Trails, starting at 10:30am. Classic and Freestyle.</i>	
Monday, 9 August	<b>Race – Charlotte Pass Open</b>	Register on the day
	<i>A 2-3km Classic sprint race held at Charlotte Pass. Skiers leave the gate at 30-second intervals which are different to all races during XC Ski Week. This race has traditionally been a club race for Kosciusko Alpine Club (KAC) members but it is open to all. Meet at the KAC lodge at Charlotte Pass on the day to enter.</i>	
Monday, 9 August	<b>Perisher Area</b>	
	<b>All Standards, Rolling Terrain, Medium Distance</b>	
	A tour for those staying down for Perisher XC week or anyone else who wants to come along. May explore the Perisher trails, or the edge of the plateau overlooking the Crackenback Valley, or head towards Spencers Creek. Meet at the Perisher Nordic Shelter at 9:30am.	

Date	Event Description	Leader
Tuesday, 10 August	<b>Mystery Coffee Tour #1</b>  <i>The Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. A guide is provided which will take you on a tour over some wonderful skiing terrain. As the name implies, it's a mystery as to where and when the coffee is supplied. It could be out on the plains or via a visit to a warm location within Perisher, Smiggins or Guthega. Tour to be approx 5 - 10 km in length, dependent on the numbers and the prevailing weather. Bring \$15 cash to cover the cost of having great coffee and food.</i>	Meet at the Nordic Shelter on the day
Wednesday, 11 August	<b>Race – KAC XC Classic</b>  <i>This is the biggest race of the week and has a long history of over 45 years. It is the only point to point race of the week, starting in Perisher Valley at 10:30am and finishing in Charlotte Pass. Classic and Freestyle. Many Club members participate in this event, then have lunch at the Chalet, followed by a leisurely ski back to Perisher. Note: The race is being held around the Perisher trails this year due to COVID restrictions at Charlotte Pass.</i>	Register <a href="#">online</a> or on the day
Thursday, 12 August	<b>Race – Sundeck Handicap Race</b>  <i>A 7.5km handicap race around the Perisher trails, starting at 11am. This is also a fundraising event where all monies go towards XC Skiing.</i>	Register <a href="#">online</a> on the day
Friday, 13 August	<b>Mystery Coffee Tour #2</b>  <i>As per the Tuesday event, the Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. The same format will apply as per Tuesday event, it's a mystery.</i>	Meet at the Nordic Shelter on the day
Saturday, 14 August	<b>Race – Snowy Mountains Classic</b>  <i>2.5, 7.5, 15 &amp; 30km Freestyle races held around the Perisher trails, starting at 9:30am.</i>	Register <a href="#">online</a> or on the day
Sunday, 15 August	<b>Ramshead Range</b>  <b>Advanced, Long distance, Some steep sections</b>  A nice challenging day tour starting from Dead Horse Gap, bagging some Ramshead Peaks, and hopefully making it as far as Kosi South Face or Leatherbarrel Creek.	
Saturday, 21 August	<b>Perisher to Trapyard Creek</b>  <b>Basic-Intermediate, Hilly terrain, Long distance</b>  Start off at the Perisher Nordic centre, ski past the Porcupine and follow the pole line down to the Betts Creek valley to explore the Trapyard Creek trail. Depending on the group we may visit Charlotte Pass before returning to Perisher via the Kosciuszko Road.	
Sunday, 22 August	<b>Thredbo River / Chimneys / Teddys Hut</b>  <b>Intermediate, Gentle / Hilly terrain - short steeper sections, Medium-Long length</b>  Starting from Dead Horse Gap, will ski along the Upper Thredbo (Crackenback) River, as far as the Chimneys and perhaps Teddy's Hut as the day allows. Generally easy skiing but note some of the track can be steep-ish and rutted from snow shoes.	
Saturday, 28 August	<b>The Virtual Hoppet 2021</b>  <b>Basic-Intermediate, Gentle – Hilly, Short-medium-long (your choice)</b>  The virtual Hoppet 2021 – Do It Your Way on the Perisher Nordic trails. Join fellow club members on the Perisher trails and complete your chosen distance of 42, 21 or 7km.	



Date	Event Description	Leader
Sunday, 29 August	<b>Smiggins Area</b>  <b>Basic-Intermediate, Rolling-Hilly terrain, Short-Medium distance</b>  An easy tour starting at Smiggins and exploring the surrounding area, which could include along the Link Road, the plateau containing the old XC trails, the slopes of Mt Piper, or down to Pipers Creek Hut.	
Friday 3 to Sunday 5 September	<b>Pounds Creek snow camp (2 nights)</b>  <b>Intermediate, Telemark/XC Downhill (XCD skis useful), Hilly-Steep terrain, Medium-Long distance</b>  This trip is only tentative at this stage and will depend on the interest. Guthega to Illawong / Snowy Suspension Bridge to Pounds Creek. Day ski around Pounds Creek / Mt Anton / Mt Anderson, with much rubbish telemarking and giggling. Return via outward route. Safety and good gear essential but seriousness will not be	
Saturday, 4 September	<b>TBA</b>	
Sunday, 5 September	<b>TBA</b>	
Saturday, 11 September	<b>Illawong and Beyond</b>  <b>Basic-Intermediate Standards, Rolling – Hilly terrain, Medium distance</b>  Will start from Guthega and head up the Snowy River valley to Illawong Lodge, before continuing to Spencers Creek and across the new suspension bridge to explore the slopes of Mt Guthrie.	
Sunday, 12 September	<b>TBA</b>	
Wednesday 15 to Friday 17 September	<b>Intermediate Level Overnight Base Camp</b>  <b>Intermediate skiing and some overnight bushwalking experience, Rolling – Hilly Terrain, Medium Distance</b>  A 3 day, base camp trip for intermediate level skiers. It would be suitable for people who do not want to carry an overnight pack for long distances. The aim is to include an introduction to snow camping, although it would be good to have a few experienced snow campers to share their skills. Destination will depend on snow and weather conditions.  We will ski a short distance carrying overnight packs, set up camp and ski with day packs from the base. Possible destinations include a base in the White's River corridor area with trips onto Dicky Cooper Bogong, or Guthega Creek with trips up Mt Tate or Twynham, depending on snow cover and weather. There may be scope for people to join us for just 2 of the 3 days. Equipment needed will include good bushwalking type gear plus some extra clothing and a warm sleeping bag suitable for -10 C, and a warm sleeping mat. The following has a list which is a good start <a href="https://bushwalkingmanual.org.au/equipment-and-clothing/clothing/">https://bushwalkingmanual.org.au/equipment-and-clothing/clothing/</a> . I am happy to provide advice on equipment.  The leader has approximately 700 days overnight Nordic skiing experience in Australia, arctic and sub-arctic areas.  Maximum of 8 people.  Additional information: <a href="https://bushwalkingmanual.org.au/the-trip/snow-camping/">https://bushwalkingmanual.org.au/the-trip/snow-camping/</a>	

Day	Start	Race	Location	Contact	Contact No.
<b>Rollerski Calendar</b>					
Feb 13/14	9:00am	Canberra Rollerski International Sprint & 5/10km (F) FIS	Canberra	Finn Marsland	0408 147 940
Apr 10/11	9:00am	AUS Rollerski Championship Sprint & 5/10km (F) FIS	Canberra	Finn Marsland	0408 147 940
Apr 24	1:00pm	North-East Victoria Rollerski (F)	Wodonga	Finn Marsland	0408 147 940
2022	TBC	Victorian Rollerski/Skike Championship (C & F)	Lake Mountain	Andrew Paul	0488 642 782
May 29/30	TBC	Yarra Bend Rollerski Criterium (F) FIS	Melbourne	Finn Marsland	0408 147 940
<b>June</b>					
Sat 12	11:00am	Come & Try XC Skiing Days - Children's equipment supplied	Lake Mountain	Ray Malins	03 9728 1894
Sun 13	1:00pm	Snow Mountains Nordic Rollerski Challenge	Jindabyne	Finn Marsland	0408 147 940
Sun 20	10:00am	TNSC Come & Try XC Skiing	Falls Creek	Lynn-Maree Cullen	0409 592 226
Sat 26	11:00am	Paddy Pallin Junior (F) 0.5-2.5km	Perisher	Tim Greville	0428 159 336
<b>July</b>					
Sat 3	8:30am	Come & Try XC Skiing open day	Perisher	wolsen@snow.org.au	
Sat 3	10:00am	TNSC Come & Try XC Skiing	Falls Creek	Lynn-Maree Cullen	0409 592 226
Sun 4	10:30am	Birkebeiner Classic (C) 2.5/5/10km	Falls Creek	Ann Bellingham	0427 006 246
Sun 4	11:00am	Cooma Clean Out the Cobwebs (F) 1/5km	Perisher	Bolt	0447 642 270
Sun 4	10:00am	Junior Sprint X	Lake Mountain	Ray Malins	03 9728 1894
Sun 4	1:00pm	Come & Try XC Skiing Days - Children's equipment supplied	Lake Mountain	Ray Malins	03 9728 1894
Sat 10	11:00am	Come & Try XC Skiing Days - Children's equipment supplied	Lake Mountain	Ray Malins	03 9728 1894
Sat 10	11:00am	Snow Trek & Travel High Plains Tour (F) 1/2.5/5/10	Falls Creek	Len Budge	0417 352 845
Sat 10	8:30am	Come & Try XC Skiing open day	Perisher	wolsen@snow.org.au	
Sun 11	8:30am	ACT Ski de Femme	Perisher	R Cunningham	0400 718 047
Sun 11	11:00am	Cooma Clean Out the Waxbox (C) 5km 1km (F)	Perisher	Bolt	0447 642 270
Sun 11	11:00am	YMCA Howmans Gap Vic Relay Champs (C/F) 2.5/5	Falls Creek	Len Budge	0417 352 845
Sun 11	11:00am	Come & Try XC Skiing Days - Children's equipment supplied	Lake Mountain	Ray Malins	03 9728 1894
Fri 16	TBC	South Australia / South-West NSW Interscholls Races	Falls Creek	www.interscholls.com.au	
Sat 17	9:30am	NSW Sprint Champ's (F)	Perisher	Peter Ward	0409 338 978
Sat 17	9:30am	Vic Junior Sprint Champ's (F)	Falls Creek	Ben Derrick	0400 110 046
Sun 18	10:00am	ACT Distance Champ's (C)	Perisher	Peter Cunningham	0477 356 835
Sun 18	10:00am	Vic Junior Distance Champ's (C)	Falls Creek	Ben Derrick	0400 110 046
Sat 24	11:00am	Cooma Open (F) 10km	Perisher	Bolt	0447 642 270
Sun 25	10:00am	PXC Cup 10km (F)	Perisher	Wayne Pethybridge	0431 285 566
Sun 25	11:00am	Come & Try XC Skiing Days - Children's equipment supplied	Lake Mountain	Ray Malins	03 9728 1894
Sat 31	9:30am	AUS Open Sprint Champ's (C) ** CC/FIS	Falls Creek	Marg Jowitt	0400 333 846
Sat 31	10:00am	Canberra X-C Ski Club Kosciusko Tour (C/F) 18km	Perisher	Jo-Anne Clancy	0411 156 959
<b>August</b>					
Sun 1	9:30am	AUS Open Champ's 5/10 (F) ** CC/FIS	Falls Creek	Marg Jowitt	0400 333 846
Wed 4 - Fri 6		AUS Secondary Schools Ski Team Championship	Falls Creek	Ann Bellingham	03 5754 4005
Sat 7	9:30am	AUS Open Sprint Champ's (F) * CC/FIS	Perisher	Peter Ward	0409 338 978
Sat 7	11:00am	Hotham to Dinner Plain (F) 12km	Hotham	Mick Sinclair	0408 127 325
Sun 8	9:00am	Victorian Interscholls XC Championships	Mt Buller	www.interscholls.com.au	
Sun 8	9:00am	AUS Open Champ's 10/15 (C) * CC/FIS	Perisher	Peter Cunningham	0477 356 835
Sun 8	1:00pm	City Tatts Boonoonoon Open (C/F) 5km	Perisher	Michael Sterndale	0412 043 900
Sun 8	11:00am	Snow, Trek & Travel Mini Series #1 (C) 0.5/1.5/2.5 k	Falls Creek	Lynn-Maree Cullen	0409 592 226
Mon 9	11:00am	Charlotte Pass Open (C) 5km	CharlPass	Kathy Hutton	02 9411 5974
Mon 9	6:00pm	NSW Night Relays (F)	Perisher	Peter Ward	0409 338 978
Wed 11	10:00am	KAC X-C Classic (C/F) 8.5km	Perisher	Kathy Hutton	02 9411 5974
Thu 12	11:00am	Sundeck Handicap Race (F) 7.5km	Perisher	sundeckhotel.com.au	
Sat 14	9:30am	Snowy Mountains Classic (F) 2.5/7.5/15/30 km	Perisher	Peter Cunningham	0477 356 835
Sat 14	10:00am	Ski de Femme (F) Fun Race 1, 2.5 & 5km	Falls Creek	Ronice Goebel	03 5754 4910
Sat 14	11:00am	Come & Try XC Skiing Days - Children's equipment supplied	Lake Mountain	Ray Malins	03 9728 1894
Sun 15	9:00am	NSW Ski Orienteering Champs	Perisher	Marina Iskhakova	0412 308 310
Sun 15	10:30am	Tullicoutty/St Phillack Cup (F) 5/8km	Baw Baw	Paul Proctor	0417 352 052
Sun 15	11:00am	Lake Mountain Challenge (F) 2/5/15km	Lake Mountain	Ray Malins	03 9728 1894
Sat 21	9:30am	AUS Junior Championships Sprint (F) ** FIS	Perisher	Peter Ward	0409 338 978
	pm	TBC Aus Junior XC-Cross event			
Sun 22	10:00am	AUS Junior Championships Distance (C) ** FIS	Perisher	Peter Cunningham	0477 356 835
Sun 22	10:30am	Rocky Valley Rush/Sun Val Ramble (15/7.5km) (F)	Falls Creek	Ann Bellingham	0427 006 246
Mon 23	1:00pm	Amelia Time Trial and Team Sprints	Perisher	Leslie Ludwig	0459 642 222
Wed 25	9:00am	NSW Interscholls Races	Perisher	www.interscholls.com.au	
Thu 26	6:00pm	Falls Creek Invitation Night Sprints	Falls Creek	Race Secretary	03 5754 1045
Sat 28	9:30am	Kangaroo Hoppet (F) 42km CC/FIS			
	9:40am	Australian Birkebeiner (F) 21km	Falls Creek	Race Secretary	03 5754 1045
	9:50am	Joey Hoppet (F) 7km			
<b>September</b>					
TBC		ANC NZ Continental Cup Sprint (F) CC/FIS	Snow Farm	www.snowfarmnz.com	
TBC		ANC NZ Continental Cup 5/10km (F) CC/FIS	Snow Farm	www.snowfarmnz.com	
TBC		ANC NZ Continental Cup 10/15km Mass (C) CC/FIS	Snow Farm	www.snowfarmnz.com	
Sat 4	11:00am	NZ Merino Muster	Snow Farm	www.snowfarmnz.com	
Sat 4	11:00am	Snowy Mountains Nordic Family Cup	Perisher	Tim Greville	0428 159 336
Sat 4	11:00am	Snow, Trek & Travel Mini Series #2 (F) 0.5/1.5/2.5 k	Falls Creek	Lynn-Maree Cullen	0409 592 226
Sun 5	11:00am	Royston Road Rush (F)	Lake Mountain	Ray Malins	03 9728 1894
Wed 8		Australian Interscholls XC Championship	Mt Buller	www.interscholls.com.au	
Sat 11 / Sun 12		Perisher Cup	Perisher	Kim Easdale	0412851615



**RACE SECRETARIES**

**National and NMC**  
 Peter Cunningham  
 M 0477 356 835  
[peter.petercunni@perisherxcountry.com](mailto:peter.petercunni@perisherxcountry.com)

**Victoria**  
 Andrew Walker  
 0407 072 152  
[awalk347@gmail.com](mailto:awalk347@gmail.com)

**LEGEND**

F Freestyle Race  
 C Classic Race  
 \* Senior  
 Selection  
 \*\* Junior  
 Selection  
 CC Continental Cup  
 FIS FIS Race

Event details, times and dates may be subject to change without notice. Skiers should confirm details with race organisers. Updates will be posted at [www.ausxc.com/](http://www.ausxc.com/)





## Canberra Cross Country Ski Club

Web: [www.cccsc.asn.au](http://www.cccsc.asn.au)

Email: [cccscanberra@gmail.com](mailto:cccscanberra@gmail.com)

**Fun and fitness  
in the snow**

# Club Committee Contacts

Position	Name	Email	Phone
President			
Vice President			
Secretary			
Treasurer			
Membership Secretary			
Tour Coordinator			
Kosciuszko Tour Coordinator			
Meeting Coordinator			
Newsletter Editor			
Webmaster			

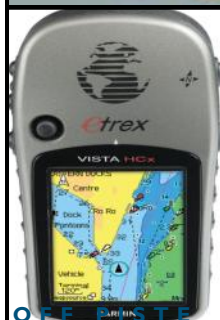


## Club Snow Camping Gear for hire

The following gear which is owned by the Club is available for hire to Club members. These prices are cheap. The commercial hire charge for a 2-person tent is \$45 per weekend.

**Tent** (Macpac 3-4 person) - \$20/weekend ; - \$30/week

**Trangia stove** - \$3/weekend; - \$5/week



## Club Safety Gear for use by Tour Leaders

The Club has two Personal Locator Beacons (PLB), two GPS units and some first aid kits which are available free of charge to members leading Club ski tours.

**PLB** (GME MT410G)

**Contact** Alan or Ken.



## Canberra Cross Country Ski Club (CCCCSC)

### COVID 19 Safety Plan for

### Participants in Social Meetings at the Hughes Community Centre

1. For the safety of all participants in our social meetings we must all agree to observe the following requirements in addition to taking all common sense precautions:
  - a. Take notice of and act in accordance with signage regarding hygiene measures.
  - b. Hard surfaces used will be wiped and disinfected at the start and end of each session (chairs, bench tops, light switches door handles etc) using the disinfectant and cloths provided.
  - c. Physical distancing of at least 1.5m must be maintained between meeting participants at all times.
  - d. A Committee member will be assigned to be the meeting COVID19 safety coordinator during each meeting to be responsible for the following:
    - i. Bringing hand sanitizer, disposable gloves for use in cleaning and catering for tea and coffee.
    - ii. Greeting all incoming participants and ensuring they use the 'Check in CBR' App, or recording their names and phone numbers on a register to avoid the need for multiple people touching the pen and paper used to complete the register;
    - iii. Ensuring a strict limit of 42 people in Meeting Room #3;
    - iv. Ensuring the distancing requirements are maintained during meetings.
  - e. All participants must use the hand sanitizer provided upon arrival.
  - f. All social meeting participants must use the '**Check in CBR**' App on entry to the meeting room. Each room has information on how to download the Check in CBR App and the QR code. Anyone who does not have the app or a smart phone must provide their name and phone number on a written list for contact tracing should it be necessary.
  - g. All meeting participants who develop COVID like symptoms after a meeting – or later discover they had close contact with someone who had the symptoms before a meeting – should self-isolate immediately and inform a Committee member so that appropriate action can be taken.
2. The CCCCSC Committee will continue to monitor the effectiveness of each of these safety measures and adjust them as necessary.



# Social Meetings 2021 (All Welcome)

## Wednesday 11 August 2021

### Slideshow - Canada

**Speaker:** Ralph Gailis

Ralph will present a "traditional" slide night (yes, real, physical slides!) on his year living in Alberta in 2002. The focus will be on skiing, though some other of Canada's natural wonders will also be thrown in.

## Wednesday 25 August 2021

### Backcountry Skiing in New Zealand

**Speaker:** Ian Turland

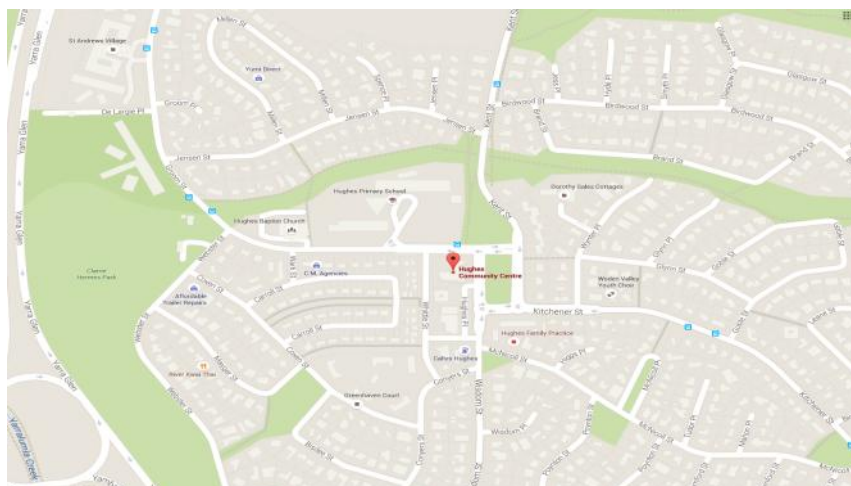
Ian will present on a 2017 trip to New Zealand, which included participation in a guided training course, some resort skiing and backcountry skiing in the Pisa Range and Two Thumbs Range.

## Wednesday 8 September 2021

### Eucalypt dieback in the Australian Alps

**Speaker:** Dr Matthew Brookhouse

Dr Matthew Brookhouse will speak about his research on eucalypt dieback in the Australian Alps.



Meetings are held at the Hughes Community Centre, Hughes Place, Hughes, Canberra, Canberra on the 2nd and 4th Wednesday of every month from mid May to October. Door opens at 7.30 pm for 7.45 pm start. Light refreshments will be provided.

# Kosciuszko Tour

## Race Results

2021 Kosciuszko Tour					
10am 31 <sup>st</sup> July 2021					
Classical Overall					
Bib No.	Name	Race Time	Bib No.	Name	Race Time
7km			7km		
6	Dwan, Kathryn	1:06:32	6	Dwan, Kathryn	1:06:32
12 km			12 km		
12 km			Women		
11	Howorth, S	1:12:04	20	McMaster, Alena	1:15:43
20	McMaster, Alena	1:15:43	12	McDonald, Bethan	1:37:28
17	Scholten, Andrew	1:17:43	9	Clark, Nicole	1:43:43
15	Greville, Timothy	1:18:48	22	Funston, Gael	2:23:48
5	Pethybridge, Wayne	1:23:44	10	Grasmann, Sina	DNF
4	Boxsell, Garry	1:27:26	Men		
14	Guinness, Nathan	1:31:20	11	Howorth, S	1:12:04
12	McDonald, Bethan	1:37:28	17	Scholten, Andrew	1:17:43
1	Finnie, James	1:38:11	15	Greville, Timothy	1:18:48
9	Clark, Nicole	1:43:43	5	Pethybridge, Wayne	1:23:44
16	D'Bras, Arnold	1:49:12	4	Boxsell, Garry	1:27:26
21	Moylan, Ken	1:56:14	14	Guinness, Nathan	1:31:20
3	Porter, Bruce	1:56:43	1	Finnie, James	1:38:11
2	Levy, Alan	1:56:56	16	D'Bras, Arnold	1:49:12
18	Brennan, Michael	DSQ	21	Moylan, Ken	1:56:14
22	Funston, Gael	2:23:48	3	Porter, Bruce	1:56:43
10	Grasmann, Sina	DNF	2	Levy, Alan	1:56:56
13	Smith, Andrew	DNS	18	Brennan, Michael	1:56:57
8	Sotskov, Alexei DQ	DSQ	13	Smith, Andrew	DNS
			8	Sotskov, Alexei DQ	DSQ
Freestyle Overall			Freestyle Overall		
7 km			7 km		
7 km			Women		
36	Chamberlain, Ashton	0:35:09	58	Forman, Gabriella	0:39:50
59	Blake, Adrian	0:37:40	62	Murtagh, Rose	0:42:33
58	Forman, Gabriella	0:39:50	60	Curham, Louise	0:53:48
62	Murtagh, Rose	0:42:33	Men		
60	Curham, Louise	0:53:48	36	Chamberlain, Ashton	0:35:09
12 km			59	Blake, Adrian	0:37:40
12 km			12 km		
12 km			Women		
61	Burton, Liam	0:46:23	45	Fordham, Rosie	0:53:16
49	Walker-Broose, Bentley	0:49:43	51	Watson, Aimee	0:53:27
56	Hinckfuss, Hugo	0:51:39	47	Cridland, Phoebe	0:56:29
44	Burke, Declan	0:53:10	54	Champion, Emily	0:59:53
45	Fordham, Rosie	0:53:16	55	Price, Hannah	1:00:30
51	Watson, Aimee	0:53:27	41	Slattery, Sarah	1:02:20
47	Cridland, Phoebe	0:56:29	64	Zijlstra, Carla	1:04:54
54	Champion, Emily	0:59:53	35	Laajoki, Heli	1:05:06
55	Price, Hannah	1:00:30	50	Talbot, Claudine	1:06:27
46	Jungbluth Rodriguez, Klaus	1:00:47	52	Greville, Harriet	1:07:45
34	Chamberlain, Robert	1:01:49	63	Brennan, Natasha	1:09:15
41	Slattery, Sarah	1:02:20	31	Cross, Alexi	1:25:39
40	Bylett, Samuel	1:04:40	32	Cross, Lucy	1:27:02
53	Johnson, Samuel	1:04:46	48	Evans, Zana	DNF
64	Zijlstra, Carla	1:04:54	33	Mattiazzo, Vicki	DNS
35	Laajoki, Heli	1:05:06	39	Bylett, Catherine	DNS
50	Talbot, Claudine	1:06:27	Men		
52	Greville, Harriet	1:07:45	61	Burton, Liam	0:46:23
63	Brennan, Natasha	1:09:15	49	Walker-Broose, Bentley	0:49:43
37	Kingston, Huw	1:11:46	56	Hinckfuss, Hugo	0:51:39
38	Zaharias, Zac	1:16:33	44	Burke, Declan	0:53:10
31	Cross, Alexi	1:25:39	46	Jungbluth Rodriguez, Klaus	1:00:47
32	Cross, Lucy	1:27:02	34	Chamberlain, Robert	1:01:49
42	Standen, Jeff	1:27:43	40	Bylett, Samuel	1:04:40
48	Evans, Zana	DNF	53	Johnson, Samuel	1:04:46
33	Mattiazzo, Vicki	DNS	37	Kingston, Huw	1:11:46
39	Bylett, Catherine	DNS	38	Zaharias, Zac	1:16:33
57	Inglis, Tom	DNS	42	Standen, Jeff	1:27:43
			57	Inglis, Tom	DNS