Canberra Cross Country Ski Club (CCCSC)

COVID 19 Safety Plan for

Participants in Social Meetings at the Hughes Community Centre

- 1. For the safety of all participants in our social meetings we must all agree to observe the following requirements in addition to taking all common sense precautions:
 - a. Take notice of and act in accordance with signage regarding hygiene measures.
 - Hard surfaces used will be wiped and disinfected at the start and end of each session (chairs, bench tops, light switches door handles etc) using the disinfectant and cloths provided.
 - c. Physical distancing of at least 1.5m must be maintained between meeting participants at all times.
 - d. A Committee member will be assigned to be the meeting COVID19 safety coordinator during each meeting to be responsible for the following:
 - i. Bringing hand sanitizer, disposable gloves for use in cleaning and catering for tea and coffee.
 - ii. Greeting all incoming participants and ensuring they use the 'Check in CBR' App, or recording their names and phone numbers on a register to avoid the need for multiple people touching the pen and paper used to complete the register;
 - iii. Ensuring a strict limit of 42 people in Meeting Room #3;
 - iv. Ensuring the distancing requirements are maintained during meetings.
 - e. All participants must use the hand sanitizer provided upon arrival.
 - f. All social meeting participants must use the 'Check in CBR' App on entry to the meeting room. Each room has information on how to download the Check in CBR App and the QR code. Anyone who does not have the app or a smart phone must provide their name and phone number on a written list for contact tracing should it be necessary.
 - g. All meeting participants who develop COVID like symptoms after a meeting or later discover they had close contact with someone who had the symptoms before a meeting should self-isolate immediately and inform a Committee member so that appropriate action can be taken.
- 2. The CCCSC Committee will continue to monitor the effectiveness of each of these safety measures and adjust them as necessary.