

**SPECIAL
POINTS OF
INTEREST:**

**CCCSC July Lodge
Weekends— 6-8 &
27-29 July— Page 22**

**Kosciuszko Tour—
18 August— Page 24**

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2018, ISSUE 3

7TH JULY 2018

President's Piece

Winter is in full swing now. We have had our first club tours for the season, the early June lodge weekend is on this week, the Nordic trails are groomed and with more snow on the forecast it can only get better.

At our first June social meet-

ing, Di Thompson gave a very sobering talk on the problem of feral horses in the Kosciuszko National Park. I think many of us were shocked to see the damage that has been caused. At the next meeting John Giacon discussed indigenous place names in the snowy region

and gave some tips on how to identify them. Both meetings were well attended and very enlightening. Thank you Di and John.

Several club members attended a demo night at the new Vertikal indoor ski centre at Fyshwick. They have



Ken Moylan, Greg Lawrence, Ian Turland and Bruce Porter at Four Mile Hut, 22 June 18

Photo: Alan Levy

2018 Membership Subscriptions

Membership Subscriptions for the 2018 season are now due, and can be paid on Register Now or via the Club website.

August Newsletter Deadline

Deadline for articles for the August 2018 Off-Piste is 3rd August 2018.

**“Volunteers
required for
Kosciuszko
Tour ski
race. ”**

President's Piece (cont'd)

four ski carpets for people to practise their downhill skills and they can even run the carpet in the opposite direction if you want to xc ski (skate or classic) up a never ending hill. It is an amazing venue and well worth a look if only to have a hot chocolate and soak up some alpine atmosphere. Check out the pictures in this newsletter.

Online entry for the Kosciuszko Tour is now available at <https://www.skiandsnowboard.org.au/events/20976/>. Please support this club event by entering or volunteering (if racing is not your thing). If you can help out or have any questions, please contact Rowan Christie or Jo-Anne Clancy.

Our next social meeting on

Wednesday 11 July and the topic is 'What a high! Three decades of exploring our mountain country', presented by Matthew Higgins, historian, writer, speaker and photographer.

Happy skiing!

*Jo-Anne Clancy
President*

Sverre Kaaten Nordic Shelter

The Sverre Kaaten Nordic Shelter at the Perisher XC Centre is a day use facility for XC skiers to enjoy when not skiing. The public areas are equipped with two kitchens stocked with tea, coffee, sugar and milk so you can make yourself a cuppa, microwaves to heat up your lunch, sandwich presses to

toast your sandwiches, cutlery and crockery. It also has bathroom facilities, a place to leave your pack, a mobile device charging station and Wayne's Waxatorium for you to wax your skis. A defibrillator will be installed soon. Upstairs is a manager's flat, and administrative areas. It is open daily from 7.00am to 5.00pm

from the June long weekend until the October long weekend. The Nordic Shelter is the heart and soul of the XC community in Perisher. The Shelter is run and maintained by XC community volunteers with donations and fundraising.

Northern Kosciuszko Construction

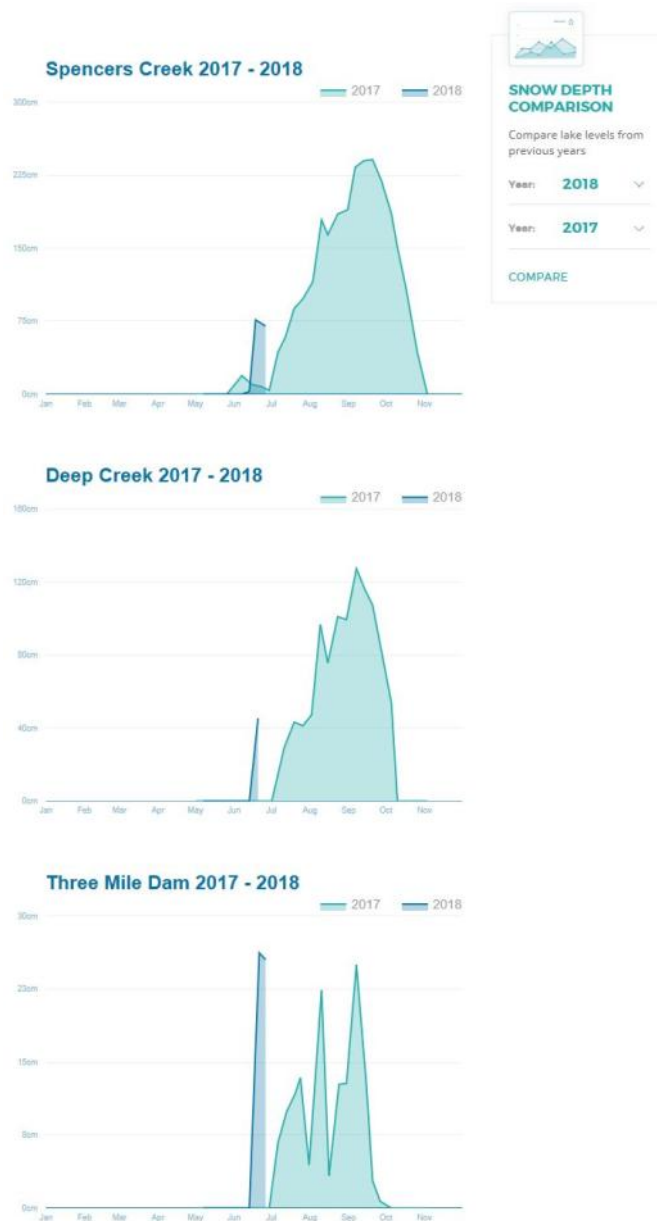
"Mike Hinchey advised that on his ski trip from the Snowy Mountains Highway to Gooandra Homestead on 22 June that the track in had been ploughed and his group was told by SMA contractors in the area that anywhere over the Eucumbene culvert was a construction site and a no-go area. It appears that the Snowy 2.0 work will encroach on some possible skiing areas to the north and east of Kiandra, with the no-go areas most likely to be on the

line from Tantangara Dam to Gooandra Hill. Not sure if this will impact on intending trips to Witzes as well".

A subsequent review of the NPWS web site does show an existing alert: **"Increased activity associated with Snowy 2.0 feasibility study.** If you're planning a trip to northern Kosciuszko National Park, be aware that there will be works associated with the Snowy 2.0 feasibil-

ity study drilling program in some areas. Public access will not be affected other than at specific drilling and work sites. However, please note that you might encounter extra vehicle and truck movements from time to time. For further information about access to Kosciuszko National Park please contact the NPWS Tumut office on (02) 6947 7000."

Snowy Hydro Snow Depth Comparison—3rd July 2018



<http://www.snowyhydro.com.au/our-energy/water/inflows/snow-depths-calculator/>

Important Dates

6-8 July – July school holiday lodge weekend: Join us at Kalkite for a weekend of beginner lessons and easy tours. Ideal introduction to xc skiing for families. Held in conjunction with the Snowsports 'Come and Try' day on Saturday.

27-29 July – July mid-season lodge weekend. Join us at Kalkite for a weekend of club lessons and tours to suit all levels.

4-12 August – Perisher Nordic Week: A fun week of events for all levels of xc skier.

18 August—Kosciuszko Tour.

Impressions of Norway, the Home of Nordic Skiing

Time of trip: March 2018; **participants:** Dave Drohan, Ian Turland

It was our first night in Norway and the outside temperature had dropped to minus 24 degrees, unseasonably cold for the first day of spring. We were ensconced in a youth hostel conveniently located immediately above the train station at Lillehammer, site of the 1994 Winter Olympics. Hmmm, this could be interesting, I thought when Dave related the temperature recording to me.

Dave is an old-hand at skiing in Norway, having clocked up six trips there now. I, on the other hand, was a total novice to the area and was not totally sure what I was in for during the four weeks that lay ahead.

I had heard mixed reports about skiing in Norway: fantastic snow; rolling terrain ideally suited for cross-country skiing; grey skies and poor weather; potentially expensive. So, how did the trip pan out? Well, I must say that all of the above is true – in a caveated kind of way. But, all up, it was a great experience.

Dave had developed a comprehensive itinerary for us and we had both packed light-weight packs to enhance our mobility. This included emergency shelter arrangements based on a tarp (or an old shower curtain, in my case) that one would attach to one's skis after having dug a trench in the snow. A tent was too heavy to take given we intended to spend our nights in mountain huts run by the Nor-

wegian tourism association. The huts were the key to us travelling light. They were comfortable and affordable. And there are lots of them throughout the country.

We did encounter very cold temperatures during the early parts of the trip. While a little unusual for that time of the year, this was part of the natural variability. As Dave reminded me, he had warned we might be skiing in temperatures as low as minus 20 degrees.

The flat, insipid light from a sun that, given our latitude, stayed relatively low in the sky and whose rays were often filtered through lots of moisture in the air, was something I was unaccustomed to from skiing in Australia. But our trip included days of very good weather. And, all up, while weather conditions sometimes curtailed our day's activities, it didn't hamper us too much: we skied almost every day we were in Scandinavia.

The landscape is, indeed, excellent for cross-country skiing. After all, the sport was invented there. Norway has a comprehensive system of national parks and there is lots of undulating terrain to get out there and get into your (diagonal) stride. There are groomed trails in some areas, like at Susjeon near Lillehammer, where we started, and Bymarka near Trondheim, where we ended. However, in the back-country, this is not generally to be expected: you might be following someone else's tracks or those of a skidoo, or breaking a new trail across the snow.

Snow conditions varied a lot – we struck pretty much the whole gamut. From deep powder, where we alternated with exhausting ten-minute stints of breaking trail, to ice with rocks sticking up through the surface (like being on the Main Range in June!). And a lot of it more towards the happy "Goldilocks" middle: not too soft, not too hard.

Navigation was not a problem. We were armed with maps and compasses, as well as GPS units. And there are often – though certainly not always – cairns and other markers and signposts. Mind you, while we had reduced visibility some of the time, we never experienced full whiteout conditions. A lot of the routes had the Norwegian version of snowpoles: a series of birch twigs. These generally worked fine even if they aren't as easy to spot as dedicated snowpoles. They have one unexpected vulnerability: on one occasion we met a couple of Dutch skiers who said they had been delayed by performing the civic duty of placing the birch twigs back into place after they had been dislodged by hungry reindeer (we later saw the herd). The Swedes have a much bolder form of skipoles. We skied across the border for a couple of days, following dedicated poles with big red crosses on them, looking not unlike a conga line of railway level-crossing signs.

And back to the huts. Well, they

Impressions of Norway, the Home of Nordic Skiing (cont'd)

really did make our trip in many ways. They are clean and comfortable and located at convenient distances apart. There are wood-fired stoves for warmth and gas cooktops. There is a stock of food available and you pay for what you use on an honour system, which apparently is rarely abused. The food may not be the best cuisine

but, for convenience, this is a great feature (although sometimes you have to first thaw out the can of food you intend to eat if the larder has been subjected to sustained sub-zero temperatures!)

We ended up skiing over 400km through what was mostly new

territory for Dave and totally so for me. A great trip – lots of good skiing and beautiful scenery, along with efficient and effective logistics (compliments of Dave). I hope to get back there one day.

Ian Turland



Ian on Trollhotta, Trollheimen National Park

Photo: Dave Drohan

Skipole line in Sylarna, Sweden

Photo: Ian Turland



Deep powder snow - Sylan mountains

Photo: Dave Drohan

Impressions of Norway, the Home of Nordic Skiing (cont'd)



Dave Drohan on the trail at Espedalen

Photo: Ian Turland

The rocky horror ice show - Dovrefyell National Park

Photo: Dave Drohan



Dave in Dovrefyell National Park

Photo: Ian Turland

Europe, Winter 2018 (Part 1)

Prelude

Many years ago, after completing one of my first Kangaroo Hoppets, I bought a World Loppet passport. With this booklet, I could record that I had completed ski races all over the world and if I did 10 of them, I would be eligible to get a medal. Woo hoo!

Four years ago, I got together the time and money and completed the Gatineau Loppet (51km, Canada) and the American Birkebeiner (55km, USA). Then New Zealand's Merino Muster (42km) gained World Loppet accreditation and I knocked that one over.

4 out of 10 complete. Only 6 to go. A check of the World Loppet calendar showed that if I could travel to 9 countries in Europe, in 9 weekends, I could enter 9 different races and have a very good chance of completing the last 6 races I needed for my medal.

Getting There

I'll skip over the usual international travel stuff. I took my own skis, boots, stocks, waxes and iron because I was familiar with them and didn't want to waste time looking for new ones. I did expect that there would be a good range of skiing equipment and accessories to be available when I needed it, but expectations exceeded reality. By contrast, Gale was unhappy with her existing skis and boots and planned to buy new in Europe. The selection of cross-country skis was poor in Austria, our first country, so she spent hours hiring skis and looking for a suitable pair.

The Races and Countries

Austria

20 January 2018: Dolomitenlauf, CT, 42km, and 21 January 2018: Dolo-

mitenlauf, FT, 21km, Obertilliach

We flew into Vienna far too early, 18 days before the race. I was trying to avoid being jet lagged for the race and get some training in, but I think I could have arrived a week later and done as well. After some touring in Vienna, Gale & I trained to the Tyrolean town of Lienz, where we had booked our accommodation almost a year earlier. Lienz didn't work out. The quickest way of getting from Lienz to the snow fields in Obertilliach, and back, was to catch a morning train from Lienz and connect with a local bus to Obertilliach, returning via 2 buses back to Lienz (because the afternoon train back didn't connect with the local bus). We had often had to wait 40 minutes and it became all too much trouble very quickly.



Ken Moylan skiing in the Dolomitenlauf Classic Race, 42km Classic. Obertilliach, Austria Saturday, 20 January 2018.
Photo: © Fotografie Viertbauer Horst.

Ken Moylan skiing in the Dolomitenlauf Skating Race, 20km Skating

Obertilliach, Austria

Sunday, 21 January 2018.

Photo: © Fotografie Viertbauer Horst.



Europe, Winter 2018 (Part 1-cont'd)

Meanwhile, Marg Hayes, Bruce Wharrie and Jim Finnie were having a great time skiing in Dobbiaco, just over the border in Italy. After 7 nights in Lienz, with a mere 4 days of skiing and a lot of train & bus, we joined up with Marg et al. for much better skiing and local knowledge. Highlights include skiing along an old railway line from Fiammes (near Cortina), up to the pass and back down to Dobbiaco, about 30km, and from Talschlusshütte / Rifugio al Fondo Valle up to the top of the valley (that we could ski to), which was a giant's amphitheatre ringed by soaring mountain peaks, back down and downwards further all the way back to Dobbiaco, about 18km.

After 4 lovely days in Italy we moved to Obertilliach, home of the Austrian race. We stayed in a guest house so close to the end that we could see the races' finish chute. Some more touring up and down the valley of the race, a rest day, and then the main race.

The Dolomitenlauf was a weekend of racing, with Saturday reserved for classic racers and

Sunday for freestyle. Marg and Jim were dead keen on doing the double, 42km on both days. Their example persuaded me to try my hand at the same, except less ambitious. 42km of classic on Saturday got me a stamp in my original (gold) World Loppet passport. 21km of freestyle (diagonal stride for me) got me a stamp in my new (silver) World Loppet passport. I was pretty nervous before the races. I'd missed the cutoff in my most recent Kangaroo Hoppet, getting in only 21km instead of the full 42km. The 42km Dolomitenlauf was the first time I'd tried to ski that far since then and since my knee injury. Sunday's 21km race was the first time I'd tried skiing those sort of distances back to back.

The race course was based on a 21km loop, once for the short race and twice for the long one. It started at the Biathlonzentrum (Biathlon Centre), at a start altitude of 1370m. It started gently enough until about 4km in, when the course dropped quickly through a series of esses, flattened out a bit and then had 2 screamingly fast drops before reaching a river flat and the turn

-around. The fast drops made the fall seem further, but the lowest point was only 1216m, not even a 160m drop. About 10km of uphill followed, going up the valley, before the turn-around and the fun downhill run back to the start. The run-out of the course finished inside the village of Obertilliach, another 2km along and at the hard end of a long, gentle climb.

Saturday's race, my 42km, seemed to drag on and on. It was fun mixing it with the short racers on the 1st lap, but the 2nd lap seemed to take forever. Even one of the feed stations was abandoned due to lack of interest. It was in the last 5km that I saw a fellow racer just in sight ahead of me. I pushed myself and slowly drew level with him. And passed him. The final climb up to the finish line, a mere 75m spread over 2km, never seemed to end.

Sunday's race, my 20km, felt easier. Without the pressure to finish, I skied at a slightly relaxed pace. Feeling the effects of yesterday's 42km also slowed me down.



Ken Moylan skiing in the Dolomitenlauf Classic Race, 42km Classic. Obertilliach, Austria

Saturday, 20 January 2018.

Photo: © Fotografie Viertbauer Horst.

Europe, Winter 2018 (Part 1— cont'd)

Waxes of the Days

Ski preparation included the first of many layers of Swix LF (low flouro) and HF (high flouro) waxes on the tips and tails. By the time we'd finished the last race, my skis have at least 18 layers of different glide waxes.

Saturday: Polar stick wax, ironed in, as a substitute binder, 2 layers of Green corked in on the night before, 1 layer of Blue corked in at the start line, 1 layer of Blue Extra corked in about 9 km into race (at the bottom of the 1st lap, to help me get up the hill), 1 layer of Blue Extra stick corked in about 30 km

into the race (at the bottom of the 2nd lap, again to get up the hill).

Sunday: 2 layers of Blue stick, corked in on the night before. It worked all day, even balling up a little late in the race.



All photos on this page

Ken Moylan skiing in the Dolomitenlauf Classic Race, 42km Classic. Obertilliach, Austria Saturday, 20 January 2018.

Photo: © Fotografie Viertbauer Horst.

Europe, Winter 2018 (Part 1-cont'd)

Results

20 Jan 2018. Dolomitenlauf Classic Race, 42km

Place	Name	Time	Pace
369	Jim Finnie	4:08:40.5	10.1 km/hr
380	Marg Hayes	4:15:50.9	9.8 km/hr
410	Ken Moylan	5:40:09.9	7.4 km/hr

20 Jan 2018. Dolomitenlauf Classic Race, 20km

Place	Name	Time	Pace
51	Adrian Blake	1:33:39.9	12.8 km/hr
124	Bruce Wharrie	2:50:05.2	7.1 km/hr

21 Jan 2018. Dolomitenlauf Skating Race, 20km

Place	Name	Time	Pace
63	Adrian Blake	1:25:05.3	14.1 km/hr
175	Ken Moylan	3:12:18.8	6.2 km/hr

Italy

25 January 2018, Lavazelloppet, 22km, Passo Lavazè, and 28 January 2018, Marcia-longa, CT, 70km, Moena to Cavalese

After a successful weekend of racing, we caught a bus, a train, another train, a third train and a final bus to our lodgings in Cavalese. At one of the transfers, the railway timetables said we had less than five minutes to get from one train to the next, walking and lumping our gear down underground from one platform

and then up to another platform. Marg et al. had done this before and were confident that it would all work out. I was used to the punctuality of Australian trains and feared we would miss that connection. However, these trains ran with Teutonic and Mussolini-esque efficiency and it all worked out for us.

All of Monday was a travel day and Saturday was my customary pre-race rest day, so we had only 4 days on snow to get used to the new country, new town, new snow and new terrain. In a little town in the Val di Fassa, we found a surprisingly good ski

shop. Jim got a replacement pair of boots and, on Bruce's recommendation, I cast aside my standard touring length 145cm stocks and bought a 150cm pair. When the shop's owner found out we were from Australia he gave us shop buffs and remarked "I have cousins in Australia".

On the Thursday was the Lavazelloppet, the Silver length World Loppet race, a mere 22km. We entered on the day, no problems, because it was just too hard and too expensive to enter before got there. The course was a lot of fun, being a single loop with enjoyable ups and downs

Europe, Winter 2018 (Part 1— cont'd)

mostly through a forest, and well away from the big race. The last 5km was less fun and more hard work. Sunday was the 70km Marcialonga. 70km! I'd never skied that far in a weekend, let alone in a day. I studied the race course and the cut-off times. Marg's story about friends who'd skied all the way to Cascade, 67.5km into the race, only 2.5km from the end, only to miss the time cut-off, by minutes, worried me greatly. I worked out how fast I needed to ski and which distance markers I needed to hit and when to get through all the cut-offs in time. The day started with an early bus ride to Moena, the starting village. I got there in time to see the first (and fastest) skiers go, then waited for my wave to go. Good thing I had a long wait, as I used it all in the queue for a toilet. Too many people for too few porta-loos. Both the long and the short races started together, so more than 6000 people were wanting to wee and start at the same time. My race paddock started at 8:45, some 15 minutes before the final wave, which was the time I'd used for my race time calculations. I watched the rising Sun light up the peaks ahead of me, up the valley. Pretty soon we were off, and in a traffic jam. There was no way to go fast in that crowd. At one early hill, there was a 4

abreast queue of skiers herringboning up. Every now and then someone would slip and fall onto their knees and everyone behind stalled as well. I took my skis off and walked up, just to get past the bottleneck. The race course went up the Val di Fassa to the village of Canazei before turning around to go down on the other side of the river. This part of the course was the most enjoyable. As well as going down the valley, we went past village after village. Spectators gathered and cheered us racers along. We went through some villages, sometimes on streets narrow enough to touch both sides (with my stocks). It was great. The course continued down past Moena, down past Predazzo, the finish of the short 45km race, and into the Val di Fiemme. My waxing strategy was getting too clever by now. I'd gotten the right wax for the climb up the valleys and, as expected, was losing grip on the Sun-warmed snow along downhill run to the turn-around at Molina. I was sure getting tired of double poling so far and even looked for bits of shaded track just to get a bit of kick. During the last few kilometres to the second turn-around, I watched the setting Sun light up the peaks ahead of me, down the valley. Finally at Molina, after 64km, and some 42km of downhill, the race course turned around. Luckily for me, Toko Wax had set up a

waxing stall. Take off your skis and they would hot-wax on red klister, the perfect wax for the final run up the valley to home. With freshly gripping skis, I flew up the valley to Cascade and beat the final cut-off by 17 minutes. My 15 minute earlier start wave had made all the difference between success and failure. The last 2.5km was a grind up the steep hill into Cavalese. The town must have started as a fortified town, because it was pretty hard to get up to. Finally the finish line drew into sight. Even in the darkness, crowds cheered us racers on. A schoolboy stuck his hand out for a slap, and got it. Suddenly, there was a line of hands waiting to be slapped. What a crowd! What a race! I'd done it.

Waxes of the Days

Lavazaloppet: 1 layer of Blue Extra, ironed in. It just got me to the finish before the day warmed up too much.

Marcialonga: Base binder + 2 layers of Swix Universal Klister ironed in. This worked well enough for first part of the day, but in the afternoon the snow was too warm for the Klister. At the bottom of the course, at Molina, I got a hot wax of Toko Red Klister. This got me up the rise to Cascata and up the steep hill to Cavalese.

Results

Lavazaloppet, 22km

Sex	Position	Name	Time	Pace
M	233	Bruce Wharrie	2:26:31.70	9.00 km/hr
M	238	Ken Moylan	2:30:01.60	8.80 km/hr

Europe, Winter 2018 (Part 1-cont'd)

Marcialonga 70km, CT

Position	Name	Time	Pace	Category	Sex
4037	HAYES Marg	06:29:47.7	10.77 km/hr	F 50/59	F
4226	BENDELI Nic	06:42:02.7	10.45 km/hr	M 60/69	M
4410	FINNIE Jim	06:53:48.7	10.15 km/hr	M 60/69	M
5446	MOYLAN Ken	08:57:34.7	7.81 km/hr	M 50/59	M

Marcialonga Light 45km, CT

Position	Name	Time	Pace	Category	Sex
414	WHARRIE Bruce	06:32:45.4	6.87 km/hr	M 50/59	M

Germany

4 Feb 2018, König Ludwig Lauf, CT, 50km, Ettal to Oberammergau5

With more buses and trains, Gale & I made our way to Oberammergau, home of the next race. We spent one night and one day's touring in Seefeld, Austria, along the way. Seefeld was a pretty good place for skiing - people were walking along the main streets in their Nordic boots - and the main cross-country trails set off from a sports oval right next to the town centre. Marg, Bruce & Jim spent 2 nights there, skiing along the great trails. Much of our day's skiing was spent trying to find our way out of the confusion of ski trails and walking trails. It didn't help that I was still feeling the effects of Sunday's 9hour race and felt in poor control on downhill runs.

Gale & I caught more trains and a bus to Oberammergau. A tip for travellers: having a large gap

between connections is really good if you know not where the next departure departs from. It took us most of the hour-long connection to find the country bus to Oberammergau from Oberau's train station.

Only 2 days of preparation in Oberammergau. It wasn't so bad, because it was near the snow-line and there weren't many trails open. Oberammergau was the only race that was affected by poor snowfalls. The long race was supposed to go through the grounds of one of Bavarian King Ludwig II's palaces, but poor snow rerouted the course to be mostly 2 laps of the short race.

This race day started with a bus ride to the start, Ettal. We raced past the tiny Alpine village, complete with a large church and monastery, turned around and skied through forest and fields up the Amer valley to the turn around (about 10km along), past a pretty village and then into the "S"s. These were added to the course just to get the distance. They were dead flat and utterly

pointless as we ever so slowly raced our way across a paddock. Back to the start area, where the 21km racers were waiting. After an all too brief hello to Gale, who was waiting to start her race, I repeated the same loop before the course broke off to head for the finish line in Oberammergau. I kept an eye on my watch and distance markers, as normal. I wasn't sure that I could believe what they were telling me. I was skiing faster than I'd ever raced before. From a slow 7.4km/hr of a fortnight earlier, my pace was now 8.7km/hr. I had never been so fast!

Wax of the Day

2 layers of Swix Silver Universal Klister, ironed in + 1 layer of Swix Purple Stick. It was sticky near Ettal area, but where the trail was in the sun or lower down, the wax was just right or a little slippery. The Swix stand in the trade show had waxing advice, based on their own testing on the day before.

Europe, Winter 2018 (Part 1— cont'd))

Results

42km FT

Rank	Name	Class	Time (Final)	Pace	Time (17 km)	Time (21 km)	Time (30 km)	Time (38 km)
298	Marg HAYES	D 56	2:59:13.4	14.06 km/hr	1:10:51.4	1:29:35.1	2:10:52.0	2:47:05.2
348	Jim FINNIE	H 66	3:52:08.2	10.86 km/hr	1:26:18.1	1:50:04.9	2:45:32.1	3:35:03.9

21km FT

Rank	Name	Class	Time (Final)	Pace	Time (9 km)	Time (17 km)
488	Bruce WHARRIE	H 56	2:10:10.7	9.68 km/hr	1:00:43.8	1:50:21.4

42km CT

Rank	Name	Class	Time (Final)	Pace	Time (9 km)	Time (18 km)	Time (21 km)	Time (30 km)	Time (38 km)
598	Marg HAYES	D 56	3:39:20.1	11.49 km/hr	0:44:19.6	1:26:46.1	1:47:51.0	2:39:26.4	3:25:25.4
755	Ken MOYLAN	H 56	4:50:29.1	8.68 km/hr	1:04:34.6	2:00:43.4	2:30:08.2	3:38:39.3	4:33:53.1

21km CT

Rank	Name	Class	Time (Final)	Pace	Time (9 km)	Time (18 km)
221	Bruce WHARRIE	H 56	2:16:01.8	9.26 km/hr	1:03:18.8	1:59:30.7

To be continued.

Ken Moylan

URLs

Dolomitenlauf

<https://www.dolomitensport.at/en/>

Marcialonga

http://www.marcialonga.it/marcialonga_ski/EN_lavazelloppet.php

http://www.marcialonga.it/marcialonga_ski/index_en.php

König Ludwig Lauf

<http://www.koenig-ludwig-lauf.com/Start.html>

Trip Report — Mt Selwyn to Four Mile Hut - Friday 22 June 2018

After the large snowfall in mid-June a few of us decided to head off to ski in the northern end of the park whilst the snow was still there. On this quickly organised tour were Ian Turland, Ken Moylan, Greg Lawrence, Bruce Porter and myself. It definitely helps being retired and able to head to the mountains when the conditions are perfect. We left Canberra on a chilly -5 deg C morning and drove to Adaminaby where we stopped at the bakery for coffee and cherry pies. Then we continued to Kiandra and up to Mt Selwyn Resort.

Kiandra and the surrounding plains had a thin snow cover whereas higher up at Mt Selwyn the snow depth was mostly around 30cm. There was not a cloud in the sky, only a light breeze and a slight nip in the air. In the morning there appeared to be only one chairlift in operation at Mt Selwyn resort but a few more were operating in the afternoon when we returned, but generally the resort was basically deserted. We headed off about

10am and skied east past the resort across the plateau to the Tabletop Fire Trail, then south towards Four Mile Hut. The views of Mt Jagungal and the northern end of the park were great. The snow cover was good all the way to the hut but it was crusty and remained so for the whole day, and this made turning difficult and the descent to the sliprails interesting. However we all survived and eventually arrived at Four Mile Hut about 11:45am.

We went inside the hut for a look and whilst writing an entry in the hut logbook Ian had a burst of inspiration and penned the following:

**"There were five guys from Canberra
Who decided to go to Kanangra
But took the wrong turn
The way was hard to discern
And ended up in Kiandra
(And so we decided to ski to
Four Mile Hut)"**

We sat on the snow and ate lunch in the sun outside the hut before commencing our return

ski about 1pm. I was quite slow on the climb back up the hill as my skis weren't gripping well on the firm snow. We arrived back at Mt Selwyn ski resort just before 3pm and finished the day with a final ski down the groomed slope and a coffee at the resort building. We were back in Canberra around 6pm. Overall a good first trip of the season with an interesting destination, great weather and a fairly good snow cover, even if it was a bit crusty.

Alan Levy

Wax of the Day: Purple Klister for the morning. This worked very well early in the day, slowly losing effectiveness though to lunchtime.

Universal Klister for the afternoon. It gripped poorly just after applying it, at lunchtime, but got better as the day cooled down and we climbed back up to Mt Selwyn.

Ken Moylan



Ian Turland, writing in the log book, and Bruce Porter watching, inside 4 Mile Hut, 22/6/2018.

Photographer: Ken Moylan

Greg Lawrence standing outside Four Mile Hut, 22/6/2018.

Photographer: Ken Moylan



Trip Report — Mt Selwyn to Four Mile Hut - Friday 22 June 2018 (cont'd)



Ian Turland, Bruce Porter and Greg Lawrence. On the Mt Selwyn XC Trail, between Mt Selwyn and the Table Top Mountain Fire Trail, 22/6/2018.

Photo: Ken Moylan



Ken Moylan, Greg Lawrence and Ian Turland at Four Mile Hut, 22 Jun 18.

Photo: Alan Levy



Alan Levy, Bruce Porter, Ian Turland and Greg Lawrence. On the Mt Selwyn XC Trail, between Mt Selwyn and the Table Top Mountain Fire Trail, 22/6/2018.

Photo: Ken Moylan

Ian Turland, Bruce Porter, Ken Moylan and Greg Lawrence on the plateau east of Mt Selwyn, with Mt Jagungal beyond – 22 Jun 18.

Photo: Alan Levy



Alan Levy and Ian Turland skiing towards Four Mile Hut, 22/6/2018.

Photo: Ken Moylan

Ski Tour Gratings

It is important that tour participants ensure that their abilities match the skill levels required by the tour – a description of the Terrain, Distance and Skill Level descriptors is provided below and under Ski Tour Grading on the club's web-site.

TERRAIN

Rolling — Flat to gently rolling hills, no big hills to climb or descend. There may be some steep sections but these will be short and easy to negotiate.

Hilly — Large rounded hills requiring several turns to descend but not technically difficult. There may be some steep sections but these will be short and easy to negotiate.

Steep — Steep skiable hills including black runs at resorts, cornices and chutes. Technically difficult slopes to descend.

DISTANCE

Short — Under 8km/day and < 200m vertical climb. A moderate level of fitness is required.

Medium — 8km to 15km/day OR 200m to 600m vertical climb. A moderate level of fitness is required.

Long — Over 15km/day OR > 600m vertical climb. A high level of fitness is required.

SKILL LEVELS

Basic — Can maintain control and perform the following skills on gentle terrain: kick turns, snow plough, side step, herring-bone, traverse and diagonal stride.

Intermediate — Can maintain control and perform the following skills on hilly terrain: kick turns, snow plough turns, step turns, side slip, side step, herringbone, traverse, diagonal stride and self arrest.

Advanced — Can maintain pace over long distances. Has intermediate skills plus able to link stem, parallel or telemark turns.



Ski Tour Program 2018

Date	Tour Description	Leader
	Additional tours will be advertised in future editions of Off-Piste, at the Social Meetings and on the web site. The web site will be updated with any new tours as soon as they are advised.	
	Brindabellas Skiing A few people have expressed interest in doing a ski tour in the Brindabellas if there is a good dump of snow there. This would be a spur of the moment trip either on a weekend or during the week. If the snow does fall there and the conditions are right then we will see if something can be arranged. Contact the Touring Coordinator if interested.	
Friday to Sunday, 6 to 8 July	A weekend of skiing with accommodation in Kalkite All Standards Join other members of the Canberra Cross Country Ski Club for a weekend all about learning how to cross country ski. This weekend is being held in conjunction with the 'Come and Try' cross country ski lessons at Perisher organised by Snowsports ACT. The weekend is a great opportunity for all members, especially beginners or new members, to learn to ski or develop new skills, go on tours appropriate to their skiing level and meet other members, while staying in comfortable accommodation close to the mountains. Families with children are welcome. Friday – Arrive at lodge accommodation in evening. Saturday – 'Come and Try open day' lessons and tours for all levels of skiers, and social night dinner back at lodge. Sunday – Tours for all levels of skiers led by experienced club members. The weekend includes two nights' accommodation in Kalkite, which is approximately 45 minutes from Perisher and 15 minutes from Jindabyne town centre. The cost for accommodation for a weekend is \$70 (single), \$150 (couple) or \$200 (family of 3-5 persons). Please note this fee does not include lessons, ski hire, transport or food costs. Bring your own food and linen. <i>NOTE: Accommodation is now full for this weekend.</i>	
Saturday, 7 July	Come & Try Day This event is run jointly by NSW & ACT Snowsports and Perisher X-Country . Open to everyone who is new to Cross Country Skiing! Cost per person is \$22 for the day. The day involves a two hour lesson from 9.00am to 11.00am by professional ski instructors, a BBQ lunch and tour of the trails in the afternoon. Please arrive by 8.30am to be graded into groups. Participants will need to bring their own cross country equipment. For any enquiries on the Come & Try Day, contact Wendy on 0422 240 483 or info@snowsportsact.com.au	
Saturday, 7 July	A Drink in Charlotte Pass Intermediate Skills Rolling Terrain Long Distance A moderately long tour from Perisher to Charlotte Pass and back. Out via the back way (Rock Creek & Wheatley Gap), back along the road.	
Saturday, 7 July	Beginner Tour (Perisher) Basic Skills Rolling Terrain Short Distance An easy afternoon tour for Beginners following the morning 'Come and Try Event', most likely on the nordic trails at Perisher.	

Ski Tour Program 2018 (cont'd)

Date	Tour Description	Leader
Sunday, 8 July	<p>Perisher Area</p> <p>Basic & Intermediate Skills Rolling Terrain Short Distance An easy tour somewhere in the Perisher area.</p>	
Sunday, 8 July	<p><i>Ski de Femme</i></p> <p>Fitness, fun and Female is the order of the day for the annual SnowSports ACT "Ski de Femme" held at the Perisher Cross Country Centre. Girls and women of all ages and abilities are tutored by a variety of expert coaches in both the skating and classical disciplines. The day is not confined to beginners, and instructors will be able to take intermediate and advance classes in Classic or Skate.</p> <p>A morning tea and a BBQ lunch is included in the \$35 registration fee. Please arrive at the Nordic Shelter by 8.30am. Registrations online and will also be available on the day from 8.30am.</p> <p>Participants will need to bring their own cross country equipment.</p> <p>For any enquiries about the Ski de Femme day, contact: Rhonda Cunningham on 0400 718 047 or Adele Holland on 0418 233 367</p>	
Saturday, 14 July	<p>Come & Try Day</p> <p>This event is run jointly by NSW & ACT Snowsports and Perisher X-Country.</p> <p>Open to everyone who is new to Cross Country Skiing! Cost per person is \$22 for the day. The day involves a two hour lesson from 1:30pm to 3:30pm by professional ski instructors, a BBQ lunch and tour of the trails in the afternoon. Please arrive by 1pm to be graded into groups. Participants will need to bring their own cross country equipment.</p> <p>For any enquiries on the Come & Try Day, contact Wendy on 0422 240 483 or info@snowsportsact.com.au</p>	
Sunday, 15 July	<p>Perisher Area</p> <p>Basic & Intermediate Skills Rolling Terrain Medium Distance A tour starting from Perisher and exploring the surrounding area. Possible destinations could include The Porcupine, towards Dainers Gap or towards Charlotte Pass.</p>	
Tuesday, 17 July	<p>Mid-Week Tour</p> <p>All Standards A mid-week tour. Could be anywhere but most likely starting from Perisher.</p>	

Ski Tour Program 2018 (cont'd)

Date	Tour Description	Leader
Friday to Sunday, 27 to 29 July	<p>A weekend of skiing with accommodation in Kalkite</p> <p>All Standards</p> <p>The weekend is focussed more on touring, but lessons can be arranged subject to demand. This is a great opportunity for all members, especially beginners or new members, to learn to ski or develop new skills, go on tours appropriate to their skiing level and meet other members, while staying in comfortable accommodation close to the mountains. Families with children are welcome.</p> <p>The weekend includes two nights' accommodation in Kalkite, which is approximately 45 minutes from Perisher and 15 minutes from Jindabyne town centre. The cost for accommodation for a weekend is \$70 (single), \$150 (couple) or \$200 (family of 3-5 persons). Please note this fee does not include lessons, ski hire, transport or food costs. Bring your own food and linen.</p> <p>Friday – Arrive at lodge accommodation in evening. Saturday – Tours for all levels of skiers led by experienced club members, and social night dinner back at lodge. Sunday – Tours for all levels of skiers led by experienced club members.</p> <p>Bookings can be made through the Register Now link on the club website or by contacting Jo-Anne Clancy.</p>	
Saturday, 28 July	<p>Perisher to Charlotte Pass</p> <p>Intermediate Rolling Long</p> <p>Start at Perisher and ski to Charlotte Pass and return. May stop for coffee at</p>	
Sunday, 29 July	<p>Perisher Area</p> <p>Basic & Intermediate Skills Rolling Terrain Medium Distance</p> <p>A tour starting at Perisher and exploring the surrounding area.</p>	
Sunday, 29 July	<p>Beginner Tour (Perisher)</p> <p>Basic Skills Rolling/Hilly Terrain Short Distance</p> <p>An easier tour in the Perisher area for beginners.</p>	
Saturday, 4 August	<p>Broken Dam Hut</p> <p>Intermediate Rolling Long</p> <p>Ski from Mt Selwyn across to the Tabletop Fire trail and south to Broken Dam Hut. A long ski but an interesting destination.</p>	
Sunday, 5 August	<p>Race – Boonoona Open</p> <p><i>A 5km race for all standards around the Perisher Trails, starting at 10:30am. Classic and Freestyle.</i></p>	
Tuesday, 7 August	<p>Mystery Coffee Tour #1</p> <p>The Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. A guide is provided which will take you on a tour over some wonderful skiing terrain. As the name implies, it's a mystery as to where and when the coffee is supplied. It could be out on the plains or via a visit to a warm location within Perisher, Smiggins or Guthega. Tour to be approx 5 - 10 km in length, dependent on the numbers and the prevailing weather. Bring \$10 to cover the cost of having great coffee and food. Please call Wayne preferably no later than Sun 5 Aug to register your interest and to find out more. You can also put your name down on the sheet that will be on the notice board in the Nordic Shelter by/on the previous Sunday. Can call after this date to check whether catering/ logistics allow for extra numbers.</p>	

Ski Tour Program 2018 (cont'd)

Date	Tour Description	Leader
Wednesday, 8 August	Race – KAC XC Classic <i>A mass start citizen ski race from Perisher to Charlotte Pass, starting at 10:30am. Classic and Freestyle. Many Club members participate in this event, then have lunch at the Chalet, followed by a leisurely ski back to Perisher.</i>	
Thursday, 9 August	Race – Sundeck Handicap Race <i>A 7.5km handicap race around the Perisher trails, starting at 11am, followed by lunch at the Sundeck Hotel.</i>	
Friday, 10 August	Mystery Coffee Tour #2 <i>As per the Tuesday event, the Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. The same format will apply as per Tuesday event, it's a mystery. Please call Wayne preferably no later than the Wed to register your interest and to find out more.</i>	
Saturday, 11 August	Race – Snowy Mountains Classic <i>2.5, 7.5, 15 & 30km Freestyle races held around the Perisher trails, starting at 9:30am.</i>	
Tuesday, 14 August	Mid-Week Tour All Standards <i>A mid-week tour. Could be anywhere but most likely starting from Perisher.</i>	
Saturday, 18 or 25 August	5-6 Day Snowcamp Intermediate Skills <i>A 5-6 day hut/snow camping trip starting either the 18th or the 25th August. It would be about intermediate level long, thinking possibly of doing a trip into Jagungal, but dependent on snow and weather conditions. Snow camping and skiing with a pack experience essential. I hope to get up Jagungal and have a</i>	
Saturday, 18 August	Race - Kosciuszko Tour <i>Our Club is running this ski race, which will start at Perisher and head to Johnnies Plain and back via the Porcupine. Classic and Freestyle. Participate in the Kosciuszko Tour ski race either as a racer or volunteer helper. Further details are on the Club website.</i>	
Saturday, 25 August	Race – Kangaroo Hoppet <i>Club members will be in Victoria to participate in the 42km Kangaroo Hoppet, 21km Australian Birkebeiner and 7km Joey Hoppet ski races at Falls Creek.</i>	
Sunday to Saturday, 2 to 8 September	Guthega Lodge Week Intermediate Skills Hilly-Steep Terrain Medium Distance <i>I will be running my usual Cross country week at the Australia Ski Club (ASC), Guthega. Starting Sunday 2nd September with the first tour(s) on Monday through to Saturday 8th. Routes and destinations depend on the participants ability levels, weather and snow conditions. On-snow accommodation at the ASC is \$90 per night if you wish to attend please email David Russell on 0414790401 (no voicemail) and iamdavidr.russell@gmail.com and I will send out greater details.</i>	

Ski and Snow Photos



Vertikal Indoor Snow Sports, range of downhill boots and skis and snowboards.

Photo: Alan Levy



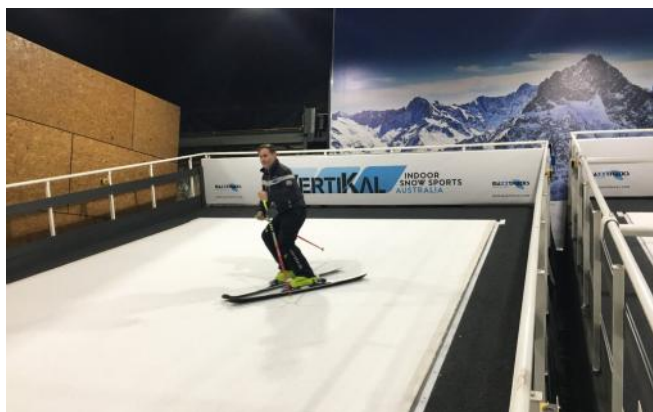
Vertikal Indoor Snow Sports, "Snow".

Photo: Alan Levy



Vertikal Indoor Snow Sports, demonstration.

Photo: Ken Moylan



Vertikal Indoor Snow Sports, demonstration.

Photo: Alan Levy

Vertikal Indoor Snow Sports, fireplace, coffee and bar.

Photo: Alan Levy



“These weekends are a great opportunity for all members, especially beginners or new members, to learn to ski or develop new skills.”

CCCSC July Lodge Weekends

The club is hosting two July lodge weekends for members. The early July weekend is held in conjunction with the ‘Come and Try’ cross country ski lessons at Perisher (organised by Snowsports ACT) and is a great weekend for families and beginners. The later weekend is more focussed on touring, but lessons can be arranged subject to demand.

These weekends are a great opportunity to learn to ski or develop new skills, go on tours appropriate to your skiing level and meet other members, while staying in comfortable shared accommodation close to the mountains. Families with children are welcome. Both weekends include two nights’ accommodation in Kalkite. The cost for accommodation for a weekend is \$70 single (in shared bunk room) \$150 couple (in private room) \$200 family (3-5 persons in private room). Please note this fee does not include lessons, ski hire, transport or food costs.

Dates: 6-8 July (school holidays) and 27 – 29 July

Program: Friday – Arrive at lodge accommodation in evening.
Saturday – ‘Come and Try open day’ lessons and tours, social night dinner back at lodge.
Sunday – Tours for all levels of skiers led by experienced club members.

Numbers are strictly limited. Bookings can be made through the Register Now link <https://www.registernow.com.au/secure/Register.aspx?E=30143> or by contacting Jo-Anne Clancy.

Ski and Snow Photos (cont’d)



Snow Gum covered in ice and snow. 30 June 2018

Photo: Tony Brown

Ski and Snow Photos (cont'd)



Snow Gum covered in ice and snow. 30 June 2018

Photo: Tony Brown



The same snow gum taken as the sun rose on 1 July 2018. The morning was a total contrast to the previous day, no wind, no rain or snow and no clouds.

Photo: Tony Brown



Cascades during a good day of snow. 16 June 2018

Photo: Tony Brown

Canberra Cross-Country Ski Club KOSCIUSZKO TOUR ENTRY FORM 10:00 am Saturday 18 August 2018			
Family Name			
First Name(s)			
Address			Postcode:
E-mail address	<input type="checkbox"/> Please keep me informed on the Kosciuszko Tour by email		
Telephone	Work	Home	Mobile

Birth year _____ <small>(Entrants must be at least 14 years old)</small>	Gender Male <input type="checkbox"/> Female <input type="checkbox"/>
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Club name	CCCSC <input type="checkbox"/>	Other Club <input type="checkbox"/>	Name of club: _____
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Technique:	Classic <input type="checkbox"/>	Freestyle <input type="checkbox"/>
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Team Entry (Optional) <small>(must have 3 people per team)</small>	Fancy dress <input type="checkbox"/>	Family <input type="checkbox"/>	Club <input type="checkbox"/>	ADF Service <input type="checkbox"/>
Team name				
Names of other team members	1. _____		2. _____	

Conditions of Entry The Entrant, by entering and starting agrees to: <ul style="list-style-type: none"> be at least 14 years old, be responsible for their fitness and ability to take part in the event, have adequate clothing, food & drink before, during and after the event, carry a small pack during the tour if weather conditions require, containing warm/wet weather clothing, snacks and drink report to the nearest official if withdrawing from the event, & absolve the Canberra Cross Country Ski Club (CCCSC), Kosciuszko Tour Coordinator, organising committee, Technical Delegate, marshals, individuals, sponsors, or associated authorities from any liability for any injuries or loss that he/she may incur. 		Canberra Cross-Country Ski Club (CCCSC) reserves the right to: <ul style="list-style-type: none"> vary or cancel any race arrangements to suit weather or snow conditions, post variation or cancellation notices on cccsc.asn.au and at race office, refund the entry fee paid less expenses if the race is cancelled before 18 August, make no refund if the race is varied or cancelled on or after 18 August, make no refund, credit or exchange if the Entrant withdraws before starting, close the Drink Stations and Finish at the times advertised, assist unfinished Entrants to these points and exclude them from the results, refuse entry or participation to any Entrant,
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Early Bird Entry Fee (received by Friday 30 June)	\$20	Sign here Signature of Entrant (or Parent/Guardian if Competitor is under 18 years of age)
Standard Entry Fee (received by Monday 13 August)	\$30	
Late Entry Fee* (to 8:45 am Saturday 19 August)	\$40	
Please send completed entry form and payment (cheque or money order) to: KT Race Secretary, CCCSC, PO Box 6234, O'Connor, ACT 2602		or enter online (Visa/Mastercard/PayPal) at Register Now https://www.registernow.com.au/secure/Register.aspx?E=25263

THE COURSE

Course - The Kosciuszko Tour will, weather and snow conditions permitting, start from Perisher and follow alongside the Kosciuszko Road to the lookout at the top of Charlotte Pass. It will then cross Johnnies Plain before climbing the Porcupine to finish at the Perisher Nordic Shelter, a distance of some 20 km.

Changes - The exact course on the day will be advised at Perisher Nordic Shelter and the Start.

Tracks - A classic track and freestyle track will be set and marked with flags where possible.

The Kosciuszko Tour is open to both Classic and Freestyle (Skating) skiers. Freestyle skiers will start 15 minutes after the classic skiers. Any skier who starts with the Classic technique group and is observed skating will be disqualified.

If the weather conditions are poor, entrants may be required to carry a small pack of safety equipment including an all weather jacket, extra clothing, and drink and food.

There will be drink stations on the course, but it is recommended that entrants carry additional water especially if the weather is mild and sunny.

RACE OFFICE - Perisher Cross Country
Centre (Nordic Shelter)
Open for late entries

TIME

7:45am to 8:45am

Pick up bibs and ankle transponders

9:00am to 9:30am

START

TIME

Pre-race briefing

9:45 am

Race Start

10:00am to 10:15am

RACING - This is a tour race so there is no calling of "track" – please go around slower skiers.

FIRST AID/DRINK STATIONS –drink stations at Charlotte Pass, Porcupine and Perisher

SAFETY - Sustain your fluid intake and wear adequate clothing. The course will be patrolled by skidoo and swept by skiers. Please note that the course does not follow the regular groomed trails and snow conditions can range from ice, deep snow or slush. Natural hazards include rocks, bare patches and vegetation. Other skiers also use these trails. Skiers must ensure that they ski in control at all times to minimise risk of collisions and injury. In sunny weather use sunscreen, sunglasses and carry sufficient water.

If the weather deteriorates ski together and help each other as much as possible. If you come across another entrant in difficulty or distress, assist and/or report to the nearest official on skidoo or at a first aid/drink station, giving a bib number, problem outline and location.

Bibs/transponders will be accounted for at the Finish and a missing bib/transponder may initiate a search at your expense.

If you withdraw from the Tour report to the nearest official and hand in your bib and transponder.

FINISH: Outside Perisher Cross Country Ski Centre (Nordic Shelter)

TIME

Each finisher will be timed and have their bib exchanged for a presentation ticket

10:30am to 2:00pm

PRESENTATION: Smiggins

TIME

Presentation

2:30pm to 3:30pm

Individual, team and spot prizes will be awarded

Results will be posted at the Presentation, on the web page and emailed

Survey forms should be completed and placed in the box at the Presentation



Business Name

PO Box 6234, O'Connor ACT 2602

Web: www.cccsc.asn.au

Email: cccscinfo@gmail.com

**Fun and fitness
in the snow**

Club Committee Contacts

Position	Name	Email	Phone
President	Jo-Anne Clancy	cccscpresident@gmail.com	
Vice President	Ian Turland	cccscvicepresident@gmail.com	
Secretary	Greg Lawrence	cccscsecretary@gmail.com	
Treasurer	Paul Room	cccsc treasurer@gmail.com	
Membership Secretary	Gale Funston / Niboddhri Ward	cccscinfo@gmail.com	
Tour Coordinator	Alan Levy	cccsc tours@gmail.com	
Kosciusko Tour Coordinator	Rowan Christie	cccsc racing@gmail.com	
Meeting Coordinator	Vacant	cccsc meetings@gmail.com	
Newsletter Editor	Tony Brown	cccsc editor@gmail.com	
Webmaster	Nick Reese	cccsc webmaster@gmail.com	



Club Snow Camping Gear for hire

The following gear which is owned by the Club is available for hire to Club members. These prices are cheap. The commercial hire charge for a 2-person tent is \$45 per weekend.

Tent (Macpac 3-4 person) - \$20/weekend ; - \$30/week

Trangia stove - \$3/weekend; - \$5/week



Club Safety Gear for use by Tour Leaders

The Club has four Personal Locator Beacons (PLB), two GPS units and some first aid kits which are available free of charge to members leading Club ski tours.

PLB (GME MT410G)

Contact Alan Levy, Jo-Anne Clancy, Bruce Porter or Lachlan Kennedy

GPS (Garmin Etrex Vista HcX) **Contact** Alan Levy & Jo-Anne Clancy



Social Club Meetings 2018 (All Welcome)

Wednesday 11 July 2018

What a high! Three decades of exploring our mountain country

Guest Speaker: Matthew Higgins

Matthew Higgins is a Canberra historian, writer, speaker and photographer, who has worked for many of our national cultural institutions. His work on the original survey of the ACT-NSW Border won a heritage award in 1997. Matthew's 2009 book, *Rugged beyond Imagination: Stories from an Australian Mountain Region*, was shortlisted for the ACT Book of the Year Award. His first novel *Seeing Through Snow* was launched at the National Library of Australia last September, and his new book about the high country, *Bold Horizon*, was launched at NLA on Wednesday 11 April this year. He has been writing articles for *The Canberra Times* since 1984. Matthew has been bushwalking and skiing the high country for over 30 years.

Wednesday 25 July 2018

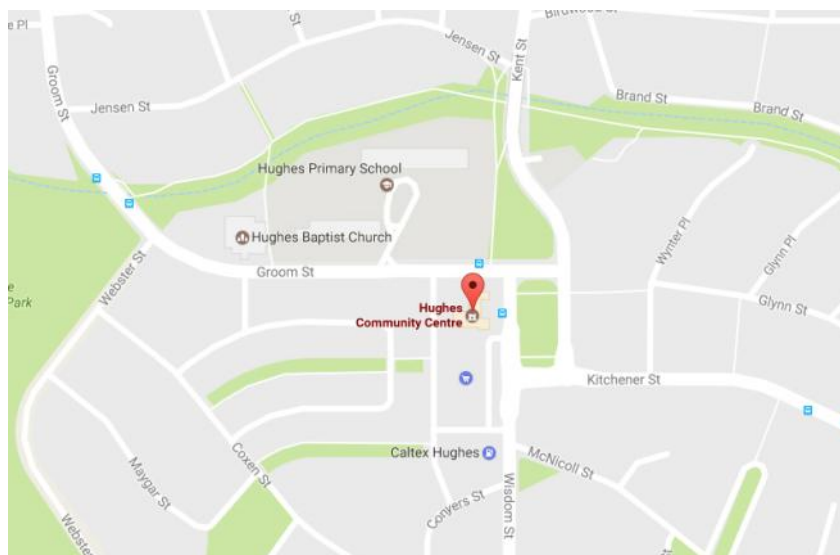
Snow Camping Skills and Emergency Alpine Shelters

Guest Speaker: Rowan Peck

Wednesday 15 August 2018

Skiing in Sweden

Guest Speaker: Robin Collins



Meetings are held at the Hughes Community Centre, Hughes Place, Hughes, Canberra, Canberra on the 2nd and 4th Wednesday of every month from mid May to October. Door opens at 7.30 pm for 7.45 pm start. Light refreshments will be provided.