

**SPECIAL
POINTS OF
INTEREST:**

- CCCSC Lodge Weekend —
2-4 August
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Danièle Leyder, Karel Pelikan and Noel Mungovan. Skiing at the Vertical Indoor Snow Sports (ski slopes). Fyshwick. 14 June 2019. Photo: © Ken Moylan

2019 Membership Subscriptions

Membership Subscriptions for the 2019 season are now due, and can be paid on Register Now via the Club website, or by using the form on page 20. [Register Now](#) is the preferred and easiest method.

August Newsletter Deadline

The deadline for articles for the August 2019 Off-Piste is **11th August 2019**.

Please send any articles or photos to cccsceditor@gmail.com

President's Piece

At last we have more snow and the season is back on track! The season started well in late May – early June with a heavy snow fall putting good cover on the Perisher trails and mountain peaks. Then came the rains after the June long weekend and our hopes were crushed by capricious nature: the ski trails were washed away leaving patches of snow separated by bare ground. Hopefully the snow cover will continue to build, ensuring great skiing through to September and beyond.

The Kosciuszko Tour is on this coming weekend. You can still enter online until Wednesday evening or on the day at the Perisher Nordic shelter. Contact race organiser Rowan Christie if you would like to assist on the day. Accommodation is available at Kalkite for volunteers.

There are still vacancies for the August lodge weekend. If you would like to attend you can book through the following link.

[Register Here](#)

Don't forget to check out the latest tour program and social meeting program in this newsletter.

Note we are still having some issues with our website and we apologise for any inconvenience. We are working to fix the problem and in the meantime will keep members updated via email.

Regards,

Jo-Anne Clancy

President

July Lodge Weekend wrap up

15 members attended the July Lodge Weekend. Despite the marginal snow cover we still managed to have a very enjoyable weekend. The weather was great, warm and sunny on Saturday and a little bit cooler and cloudy on Sunday. Touring was not an option as there was no continuous snow cover – just patches of snow a couple of hundred metres long at best. Lessons were the go, with several members participating in the 'Come and Try' and 'Ski de Femme' lessons – a big thank you to Peter and Rhonda Cunningham who organised them. Wayne Pethybridge from PXC managed to groom fantastic twin classical tracks on Sunday, even if they only went for a few hundred metres. We had the traditional community dinner on Saturday night with everyone contributing to a delicious meal and great company.

August Lodge Weekend

The club is once again hosting two lodge weekends in July and August for members. The early July weekend has been and gone. The early August weekend is in the middle of the ski season and should offer plenty of touring opportunities. It is also the start of [Perisher XC Ski Week](#), with the option of extending your stay if you wish to take part in the full XC Ski Week program. Lessons for this weekend will be arranged subject to demand.

This weekend is a great opportunity to learn to ski or develop new skills, go on tours appropriate to your skiing level and meet other members, while staying in comfortable shared accommodation close to the mountains. Families with children are welcome. The weekend includes two nights' accommodation in shared houses at Kalkite. Note: the cost of renting the accommodation has increased since last season. In 2019 the cost for a weekend is \$95 single (in shared bunk room) \$190 couple (queen bed in private room) \$285 family (3-5 persons in private room). Please note this fee does not include lessons, ski hire, transport or food costs.

Dates: 2 – 4 August

Draft Program:

Friday: Arrive at lodge accommodation in evening.

Saturday: Tours, social night dinner back at lodge.

Sunday: Tours for all levels of skiers led by experienced club members.

Numbers are strictly limited. Bookings can be made through the **Register Now** link on the club website or by contacting Jo-Anne Clancy. The web site link for booking on the lodge weekend is also listed here:

[2-4 August Lodge Weekend](#)

Kosciuszko Tour



The club will again run the **Kosciuszko Tour** ski race this season on a new date. To avoid clashes with other events on a tightly packed race calendar, the Kosciuszko Tour will now be held on **Saturday 27 July**. This will make the race a great warm-up for the Perisher XC Week events and the Kangaroo Hoppet.

The exact course will be determined prior to the event but, being earlier in the season, it will use the groomed Perisher trail network and cover approx. 18km, and could be anywhere in the local area that will provide an interesting ski experience. Snow cover, snow conditions and weather will all be taken into consideration.

The race is open to both classic and skate techniques.

Form a Team with other people to participate in the Team or Fancy Dress competition.

Prizes, Presentations and Refreshments following the event at 'Altitude the Lodge,' Smiggin Holes.

[Register Here](#) on the Ski and Snowboard Australia online entry system ,

We need volunteers to help run the race, so please contact Rowan Christie or Jo-Anne Clancy if you can assist.

New Zealand Trip - Merino Muster Ski Race - August 2019

A number of Club members are travelling to New Zealand in late August to participate in the **Merino Muster Ski Race**, a Worldloppet event being held on Saturday, 31 August at the Snow Farm situated on the Pisa Range between Queenstown and Wanaka.

Accommodation for up to 10 people has been booked at the 'Haven by the Lake' holiday home in Wanaka for the nights of 26 to 31 August. Most of us are flying to Queenstown on Monday, 26 August and returning to Australia on Sunday, 1 September. Anyone interested in attending should contact Gale Funston.



The Merino Muster is New Zealand's pinnacle cross-country ski race held on Saturday, 31 August 2019 and is for top athletes, cross-country skiing enthusiasts and newcomers to the sport. With 42km, 21km and 7km distances, the race caters to all abilities and fitness levels.

The Course

The Merino Muster leads you around the spectacular Snow Farm trail network. For the competitive, there is a significant variety of trails and regular feed stations around the course. All events start with a 7km loop in the main basin where all the spectators can see what's happening in the early stages. The 7km competitors finish here and the 21km and 42km head out into the spectacular Hanging Valley, with its dramatic views down into the Roaring Meg river far below the trails.

Once complete its back through the main base area and out onto the gentle river run and the loop with its vast view out across the Pisa Range and down into Wanaka. The 21km race finishes here and the 42km competitors head back out onto hanging valley for one more loop of both Hanging valley and the loop trail.



Trip Report — Perisher Area — Friday 28 June

Four of us (Mike Hinchey, Daniele Leyder, Maria O'Donahoo and myself) met at Aldo's coffee shop in the Skitube building at Perisher at 10am. It was a fine day with a fairly strong and cold wind. As there was little snow on the left hand side of the road near the Perisher trails, and nothing on the road to Charlotte Pass, we decided to follow the snow up the valley below the Perisher lifts to Perisher Gap and beyond.

We walked up the road a short distance and across to the snow near the chairlifts on Front Valley. We then were able to ski on snow drifts next to the creek and across the flats towards Centre Valley. The temperature the previous night had been above zero and the snow was surprisingly soft and powdery, not icy or hard packed as I was expecting. Further on we skied up the slope towards Perisher Gap, weaving our way past large snowgums and around bushes and grassy patches.

From Perisher Gap we continued south traversing the slopes of Mt Perisher before descending to the



The snow cover at Perisher. Photo: Alan Levy

Betts Creek valley below The Paralyser. There was a fair bit of snow on the slopes below The Paralyser but it was patchy in places. We stopped for lunch on a grassy patch next to the creek in the middle of the valley. Clouds were whizzing overhead from the west but we were quite sheltered lower down in the hollows.

Afterwards we skied across the valley then up a snow drift to Guthries Creek bridge. We were then able to ski along a

snow drift that was next to the road all the way back to Perisher Gap. We stopped for coffee at the café at Perisher Gap. Mike had recommended this café as it has a good menu and is probably worth a stop on future trips in the area. We then retraced our tracks back down the valley towards Perisher, and were back at the cars before 3pm. This was a good first trip for the season on snow much better than expected.

Alan Levy



Maria, Mike and Daniele having lunch on the grass near Betts Creek. Photo: Alan Levy



Daniele on the snow. Photo: Daniele Leyder



Mike and Alan at Perisher. Photo: Daniele Leyder



Skiing next to the road below Perisher Gap. Photo: Alan Levy



Coffee shop at Perisher Gap. Photo: Alan Levy

New Membership Coordinator

Hello everyone! I am your newly appointed Membership Coordinator and need your help.

What can we do to:

- improve the quality of communication with members; and
- encourage new members to join.
- Please email your suggestions to me at cccsmembership@gmail.com by the end of July.

Need a refresh on our membership arrangements? It costs \$50 for a single or \$75 for a household membership. The benefits of membership include:

- Discounted lodge weekends at the snow field
- Discounted lessons with accredited instructors
- 10% discount on ski and hire gear at selected outlets (*which ones I ask?!)*
- Regular social events and information nights
- Access to car pooling
- Newsletter
- Weekly club tours
- Club sports insurance coverage

Looking forward to hearing from you, many thanks, Deb :-)

Deb Purss

Trip Report — Vertikal (Fyshwick) — Friday 14 June

This is my first trip report about a ski trip within Canberra! Last year Vertikal opened their indoor skiing facility at Dairy Flat Road in Fyshwick, and in May last year members from our club went along to see how the facility operates. This year Paul Room organised an evening at Vertikal for club members to practice skiing on the mats.

11 club members (Karel Pelikan, Daniele Leyder, Noel Mungovan, Ken Moylan, Gale Funston, Trish Woods, Paul Room, Jo-Anne Clancy, Dave Drohan, Tony Brown and myself) arrived at Vertikal at 6pm on the Friday evening for the session. We had two skiing mats allocated to our group, with six people (three on each mat) doing the initial 30 minute session with instructors followed by a second 30 minute session for the remaining people.

Vertikal has a large set of downhill gear, and we were fitted out with downhill boots, a helmet and skis. Whilst the first group were on the mats the others were able to sit in comfort by the large fireplace or at the tables and chairs to watch the action. The instructors spent time making sure everyone was comfortable with the moving mats, which are basically tilted conveyor belts. Later on we progressed from hanging on to the metal bar to going higher up the slope away from the bar to practice turns. There were a few falls, mainly by those people whose names begin with 'K'. Even though we were staying mostly stationary on the moving mats, we did get surprisingly warm during the 30 minute workout.

Afterwards we sat around the table eating a large food platter which had been provided, and talking about our experiences on the mats. Thanks to Paul for organising the night.

Alan Levy





Skiing on the mats at Vertikal. Photos: Daniele Leyder, Ken Moylan & Alan Levy

Ski Gear to give away

With two artificial knees and two artificial hips, former Club member Graeme Infield's skiing career has come to an end and he has a lot of old touring and racing ski gear (see below) that he wants to dispose of. Graeme is happy to give his gear away to anyone who wants it. Contact Graeme on 0418 242 615 if interested. He may also bring along some of his gear to the next Social Meeting on 24 July.

- Lexi Extreme Adjustable Poles
- LP Moon 168cm Skating Poles
- Skilom 191cm wax kids ski
- Tallinn 220cm Wooden Skis Tar Base 3pin binding
- Kathu BC 210cm non metal edge. Good for around Perisher trails turn well. Have skied across Park using these skis.
- Morrotto Light Telemark 210cm. 11/2 camber. Have toured on these good in Spring snow. Rotterfella Auto BC bindings.
- Kazama (Japanese) 210cm wax base Single camber Rotterfella 3 pin heavy duty binding. With 1/2 ski climbing skins. Great for Spring Snow have telemarked the slopes at Selwyn turn well no pattern to slow down turns.
- Rossignol Classic Racer 215cm Wax base Salomon auto binding. Very fast ski. Have used in races and around Trails and on firm snow near Cesjacks Hut.
- Peltonen 200cm Skate racing skis. Wax base. Salomon bindings.
- Scarpa size 11 1/2 Telemark Books plastic 3 pin bindings
- Andrew leather 3 pin Telemark Books size 12 46Eur
- Scarpa BC book ladies size 37 Eur
- Jalas Skating boot Salomon binding. Size 12 46 Eur.

Spencers Creek 2018 - 2019



The Snow Depth chart for Spencer's Creek as measured on 15 July 2019. Conditions have improved dramatically for XC skiing following the recent good snowfalls.

Touring News

The Tour Program, containing tour leaders contact details, will be available in the Members Only section of the web site, in the Members version of the Off-Piste newsletter, and also on tour sheets put out at club social meetings where members can put down their names for tours or propose new tours. Between each monthly newsletter, additional tours will be advertised on the web site and/or by separate emails to members. Non-members will also have access to the Tour Program (*without tour leaders details*) in the 'Tours' page on the web site and on the Club Facebook page.

The Club Facebook page has been popular for trip reports and photos and is a good way of seeing what the skiing conditions are like throughout the season. New tours proposed on Facebook will not be designated as formal club trips but people are welcome to propose tours here, and should be aware of the Club guidelines below.

On the Club web site, the 'Info / Club Forms' page contains the following forms and guidance that should assist tour leaders and participants:

- *Advice for Tour Participants*
- *Advice for Tour Leaders*
- *Guide to Transport Costs*
- *Tour Intention Form – Tour Details & Acknowledgement of Risks and Obligations*
- *Emergency Procedures*
- *Incident Report*
- *Medical Information & Emergency Contact*
- *Ski Tour Grading*

If anyone is interested in leading tours feel free to contact myself at cccstours@gmail.com.

Ken Moylan, Tour Coordinator

Ski Tour Gradings

It is important that tour participants ensure that their abilities match the skill levels required by the tour – a description of the Terrain, Distance and Skill Level descriptors is provided below and under Ski Tour Grading on the club's web-site.

TERRAIN

Rolling — Flat to gently rolling hills, no big hills to climb or descend. There may be some steep sections but these will be short and easy to negotiate.

Hilly — Large rounded hills requiring several turns to descend but not technically difficult. There may be some steep sections but these will be short and easy to negotiate.

Steep — Steep skiable hills including black runs at resorts, cornices and chutes. Technically difficult slopes to descend.

DISTANCE

Short — Under 8km/day and < 200m vertical climb. A moderate level of fitness is required.

Medium — 8km to 15km/day OR 200m to 600m vertical climb. A moderate level of fitness is required.

Long — Over 15km/day OR > 600m vertical climb. A high level of fitness is required.

SKILL LEVELS

Basic — Can maintain control and perform the following skills on gentle terrain: kick turns, snow plough, side step, herring-bone, traverse and diagonal stride.

Intermediate — Can maintain control and perform the following skills on hilly terrain: kick turns, snow plough turns, step turns, side slip, side step, herringbone, traverse, diagonal stride and self arrest.

Advanced — Can maintain pace over long distances. Has intermediate skills plus able to link stem, parallel or telemark turns.

Date	Event Description	Leader
	Ski tours will be advertised in Off-Piste, at the Social Meetings and on the Club web site. The web site will be updated with any new tours as soon as they are advised.	
Saturday, 27 July	Race - Kosciuszko Tour Our Club is running this ski race, which will start at Perisher and likely be held on the Perisher trails, starting at 10am. This will be a good warm up for the races being held during Perisher XC Week in early August. Participate in the Kosciuszko Tour ski race either as a racer or volunteer helper. Let Rowan or Jo-Anne know if you can help out as a volunteer on the day.	Register Here
Sunday, 28 July	Out from Dead Horse Gap Intermediate Skills, Rolling Terrain, Medium Distance Starting from Dead Horse Gap, we will follow the fire trail up the Thredbo River. Aiming to get across the river, up onto Bob's Ridge and return via Horse Flat.	
Friday to Sunday, 2 to 4 August	Mid-Season Lodge Weekend All Standards A mid-season lodge weekend with something for everyone. Two nights' accommodation in Kalkite, lessons, tours, races, group dinner. It is also the start of Perisher XC Ski Week , with the option of extending your stay if you wish to take part in the full XC Ski Week program. The weekend includes two nights' accommodation in Kalkite, which is approximately 45 minutes from Perisher and 15 minutes from Jindabyne town centre. The cost for accommodation for a weekend is \$70 (single), \$150 (couple) or \$200 (family of 3-5 persons). Please note this fee does not include lessons, ski hire, transport or food costs. Bring your own food and linen. <u>Friday</u> – Arrive at lodge accommodation in evening. <u>Saturday</u> – Tours for all levels of skiers led by experienced club members, and social night dinner back at lodge. <u>Sunday</u> – Tours for all levels of skiers led by experienced club members. Bookings can be made through the Register Now link on the club website or by contacting Jo-Anne Clancy.	Register Here
Saturday, 3 August	Trapyard Creek Area Intermediate Skills Rolling Terrain Long Distance Start at Perisher and ski towards Spencers Creek and across Johnnies Plain to explore the Trapyard Creek area.	
Sunday, 4 August	Perisher Area Basic-Intermediate Skills Rolling Terrain Medium Distance An easier tour somewhere in the Perisher area for those staying at Kalkite and others that want to join.	
Saturday 3 to Sunday 11 August	Perisher XC Ski Week XC Ski Week is a week for all XC enthusiasts whether you're a beginner, a seasoned racer or a recreational skier. Lots of races and fun events (see below). For more information visit the Perisher X Country web site.	
Sunday, 4 August	Race – Boonoona Open <i>A 5km race for all standards around the Perisher Trails, starting at 10:30am. Classic and Freestyle.</i>	Register Here

Date	Event Description	Leader
Monday, 5 August	Perisher Area Basic-Intermediate Skills Rolling Terrain Medium Distance A tour for anyone staying down for Perisher XC week or anyone else who wants to come along. Meet at the Perisher Nordic Shelter at 9am.	
Monday, 5 August	Race – Charlotte Pass Open <i>A 2-3km Classic sprint race held at Charlotte Pass. Skiers leave the gate at 30-second intervals which are different to all races during XC Ski Week. This race has traditionally been a club race for Kosciusko Alpine Club (KAC) members but it is open to all. An excellent lunch is provided after the race at the KAC lodge at Charlotte Pass.</i>	Register on the day
Monday, 5 August	NSW Night Relays <i>Starting at 6pm, this is a Freestyle relay race held on the loop close to the Nordic Shelter. The track is lit by various forms of lighting which present a different and surreal skiing experience. This event is a huge amount of fun. Teams of four race around a short 0.5 to 0.7 km loop, only one lap each. Teams consist of clubs members or just a band of four who want to have a lap around. If you're not in a team, just turn up and we will soon have you in one.</i> <i>After the event a presentation and a candle light dinner is served at the Nordic Shelter. This a great chance to meet the XC Skiing community if you're new to XC Ski Week. All monies raised goes towards the running costs of the Nordic Shelter. Entries are taken from 5 pm at the Nordic Shelter.</i>	Register on the day
Tuesday, 6 August	Mystery Coffee Tour #1 <i>The Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. A guide is provided which will take you on a tour over some wonderful skiing terrain. As the name implies, it's a mystery as to where and when the coffee is supplied. It could be out on the plains or via a visit to a warm location within Perisher, Smiggins or Guthega. Tour to be approx 5 - 10 km in length, dependent on the numbers and the prevailing weather. Bring \$10 to cover the cost of having great coffee and food.</i>	
Wednesday, 7 August	Race – KAC XC Classic <i>This is the biggest race of the week and has a long history of over 45 years. It is the only point to point race of the week, starting in Perisher Valley at 10:30am and finishing in Charlotte Pass. Classic and Freestyle. Many Club members participate in this event, then have lunch at the Chalet, followed by a leisurely ski back to Perisher.</i>	Register Here
Thursday, 8 August	Race – Sundeck Handicap Race <i>A 7.5km handicap race around the Perisher trails, stating at 11am. After the event as part of the entry fee, the Sundeck Hotel puts on a great lunch and drinks. This is also a fundraising event where all monies go towards XC Skiing.</i>	Register Here
Friday, 9 August	Mystery Coffee Tour #2 <i>As per the Tuesday event, the Mystery Coffee Tour leaves the Nordic Shelter at 9.45 am. The same format will apply as per Tuesday event, it's a mystery.</i>	
Saturday, 10 August	Race – Snowy Mountains Classic <i>2.5, 7.5, 15 & 30km Freestyle races held around the Perisher trails, starting at 9:30am.</i>	Register Here

Date	Event Description	Leader
Sunday, 11 August	Dead Horse Gap Area Basic-Intermediate Skills Rolling Terrain Medium Distance Destination will depend on the weather, the snow and how we collectively feel on the day. Meet at Parcs cafe in the Jindabyne visitor centre at 8.30am for a fix and then, maybe after a bit of rationalisation of transport, head to the fire trail head.	
Saturday, 24 August	Race—Kangaroo Hoppet <i>Club members will be in Victoria to participate in the 42km Kangaroo Hoppet, 21km Australian Birkebeiner and 7km Joey Hoppet ski races at Falls Creek.</i>	
Monday 26 August to Sunday 1 September	New Zealand Trip A number of Club members are travelling to New Zealand in late August to participate in the Merino Muster Ski Race, a Worldloppet event being held on Saturday, 31 August at the Snow Farm situated on the Pisa Range between Queenstown and Wanaka. Accommodation for up to 10 people has been booked at the 'Haven by the Lake' holiday home in Wanaka for the nights of 26 to 31 August. Most of us are flying to Queenstown on Monday, 26 August and returning to Australia on Sunday, 1 September. Anyone interested in attending should contact Gale Funston.	



Group having lunch on the Link Road near Mt Piper — 16 July.
Photo: Alan Levy



Ken Moylan near
Mt Piper — 16 July.
Photo: Adam Lilley

Backcountry Communications in the NSW Alpine Area

These are extracts from the Powerpoint Presentation slides given to the Club by Sergeant Chenery (NSW Police) at the Social Meeting on 26 June.

Communications:

"The last thing thought about, The first thing complained about"

Background

Cooma WNS (CNWS) Alpine Radio Network was formed in 1997, largely as a result of Coroners findings after the Thredbo Landslide disaster.

Although based in Cooma, we are responsible for the Network radio communications and technical support for the South-East portion of the state of NSW.

Our current team is made up of 3 sworn Police officers and 2 unsworn civilian techs.

Police radio in the Snowy Mountains

We have 2 main avenues of radio communication in the Snowys:

- *UHF (450-470Mhz) Police radio
- *VHF hi-band (150-170Mhz) Alpine rescue radio

We have radio communications base sites throughout the Snowys which form part of the main NSWPF radio network.

Operational support radio

Operational Support communications are an 'ad-hoc' radio communications response, usually for such events as a search for a missing person/hiker, or a local police targeted operation.

This is the type of network we would deploy into an area with little to no existing network comms.

We have a variety of communications options for deployment including;

- *Satellite
- *Cellular/3-4G
- *RF/Microwave linking (UHF/VHF/HF)

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Cellular Coverage

There is limited cellular coverage in KNP.

It is prudent to know where to expect cellular coverage in the event of an emergency. Often this may mean getting to a higher point of elevation in order to RX a sufficient signal strength.

Also remember – very cold weather (<0degC) will likely effect the performance of your phone - battery drain, LCD displays among other things ;

<https://www.testbirds.com/blog/the-effects-of-cold-weather-on-your-smartphone-and-how-to-stop-them/>

Try where possible to keep your mobile phone warm/dry – preferably closer to your body for body heat.

Satellite Phones

Sat phones are a highly recommended piece of communications equipment for back-country use.

However, they do come with some limitations. They are effected by weather/visibility and snowfall is an obvious issue.

They can be purchased or hired (Watts Communications for example will hire them according to their website but need to be booked in advance). Ongoing network subscriber fees can be expensive if purchased.

HF or temporary repeaters

There are some applications for the use of HF and other RF type communications for back country use. However, both options are bulky and consume more power than a phone (satellite or mobile) and thus are more suitable when you have vehicle access/command post type arrangement.

HF can also be very effected by atmospheric conditions and earth composition (moisture, iron composition etc).

Again, there are loan/lease providers who can provide these options where suitable.



Trip Report — Broken Dam Hut — Sat 20 July

Eight of us (Mike Hinchey, Greg Lawrence, Ian Turland, Paul Room, Sonja Weinberg, John Giacon, Adam Lilley and myself) met at the bakery in Adaminaby at 8:30am. Mike said he had some bad news for us. He had been having coffee and whilst staring at his vehicle, realised that his skis were no longer there! They had fallen off somewhere between Jindabyne and Adaminaby. Luckily Sonja and Ian had noticed a ski on the road near the Dry Plains turnoff about 20km south of Adaminaby. They had stopped and moved it to the side of the road and saw the remaining ski in a ditch nearby. Ian generously drove from Adaminaby back to where they had seen the skis and retrieved them for Mike.

We continued to Kiandra but our hopes of skiing to Gooandra Hut were dashed due to the lack of snow on the plains to the north. Instead we went to Mt Selwyn to ski from there. The weather was perfect and the resort was very busy on the last



*Greg, Sonja, Ian and Mike outside Broken Dam Hut.
Photo: Alan Levy*

weekend of school holidays. We left Mt Selwyn resort around 10am and skied across the plateau to the Tabletop Fire Trail. The snow cover was smooth and fast and slowly softening in the sunshine, but continued to remain icy in the shadows for most of the day. We headed south along the fire trail to the Four Mile Hut turnoff and continued south to Milkman's Flat and across the ridge to the start of the broad valley leading to Broken Dam Hut. We had a fantastic ski down the valley to the hut, arriving

about 12:40pm. We were able to ski all the way from Mt Selwyn on a cover of about 20cm depth.

We sat outside the hut having lunch in the sunshine then departed at 1:25pm for the return ski to Mt Selwyn. We were back at the resort at 3:20pm, and left soon after to head back to Canberra to beat the traffic and the kangaroos. A great tour and an eventful day for Mike.

Alan Levy



*Group having lunch outside Broken Dam Hut, with Tabletop Mountain in the background.
Photo: Alan Levy*

"His skis were no longer there!"



*John, Alan, Ian, Greg, Sonja and Mike on the ski trail near Mt Selwyn — 20 Jul.
Photo: Paul Room*



Burnt snowgum near Mt Selwyn — 20 Jul. Photo: Paul Room



Group skiing towards Broken Dam Hut. Photo: Sonja Weinberg



A long way from home! Sign in Poprad, Slovakia, Jun 19. Photo: Sonja Weinberg



Ice under a rock in a stream near Guthries Creek — 28 Jun 19. Photo: Daniele Leyder



Canberra Cross Country Ski Club

Postal Address:

33 Brunswick Circuit, Kaleen, ACT 2617

Web: www.cccsc.asn.au

Email: cccscinfo@gmail.com

**Fun and fitness
in the snow**

Club Committee Contacts

Position	Name	Email	Phone
President	Jo-Anne Clancy	cccscpresident@gmail.com	
Vice President	Vacant	cccscvicepresident@gmail.com	
Secretary	Greg Lawrence	cccscsecretary@gmail.com	
Treasurer	Paul Room	cccsc treasurer@gmail.com	
Membership Secretary	Gale Funston / Deb Purss	cccscmembership@gmail.com	
Tour Coordinator	Ken Moylan	cccsc tours@gmail.com	
Kosciuszko Tour Coordinator	Rowan Christie	cccsc racing@gmail.com	
Meeting Coordinator	Vacant	cccscmeetings@gmail.com	
Newsletter Editor	Alan Levy	cccsc editor@gmail.com	
Webmaster		cccscwebmaster@gmail.com	



Club Snow Camping Gear for hire

The following gear which is owned by the Club is available for hire to Club members. These prices are cheap. The commercial hire charge for a 2-person tent is \$45 per weekend.

Tent (Macpac 3-4 person) - \$20/weekend ; - \$30/week

Trangia stove - \$3/weekend; - \$5/week



Club Safety Gear for use by Tour Leaders

The Club has two Personal Locator Beacons (PLB), two GPS units and some first aid kits which are available free of charge to members leading Club ski tours.

PLB (GME MT410G)

Contact Alan Levy or Ken Moylan



Social Meetings 2019 (All Welcome)

Wednesday 24 July 2019

Trekking in the Indian Himalaya - and a little skiing

Ian Turland will relate a trip taken to the Indian Himalaya in 2018 that included a three-week traverse across the spectacular terrain of Ladakh and Zaskar, a trek into the isolated region of Spiti and an attempted (but aborted) trek to the Kinnaur district. He will also show a few photos of earlier trips into the Indian Himalaya to do some skiing.

Wednesday 14 August 2019

The snows of Kilimanjaro and beyond

Zac Zaharias is the founder and head guide of Peak Learning Adventures, which focuses on customised trekking and expeditions in Papua New Guinea, the Himalayas and on Mt Kilimanjaro. Zac has been climbing, walking and skiing for over 40 years and is also a Level 4 cross-country ski instructor and regular competitor at the World Masters Cross Country Ski Championships. Zac will talk about his adventurous life.

Wednesday 28 August 2019

Social Night & Skiing Video Night

Martin Linsley will show some videos he made of the Cross Country Loppet Skiing Events in New Zealand and China. This will also be a chance to socialise and plan upcoming tours.

Wednesday 11 September 2019

Snowies Iconic Walk

Maggie Sutcliffe, Project Manager of Walking Trails, will talk about the new walking track being established in the Thredbo, Guthega, and Bullocks Flat area.



Meetings are held at the Hughes Community Centre, Hughes Place, Hughes, Canberra, Canberra on the 2nd and 4th Wednesday of every month from mid May to October. Door opens at 7.30 pm for 7.45 pm start. Light refreshments will be provided.



Application for Membership 2019

Canberra Cross Country Ski Club Inc

ABN 55 670 450 108

33 Brunswick Circuit KALEEN ACT 2617

To join **ONLINE** go to
www.cccsc.asn.au and click **REGISTER NOW**

MEMBER DETAILS		MEMBER PREFERENCES.																																	
<p>Tick the box if you want:</p> <ul style="list-style-type: none"> <input type="checkbox"/> NO Email to be distributed on the email list <input type="checkbox"/> NO Information on a contact list on the members only area of the website that includes your name <input type="checkbox"/> suburb <input type="checkbox"/> email <input type="checkbox"/> No <input type="checkbox"/> preferred phone numbers <input type="checkbox"/> Blank box means agreement to information on members page <p>All other information will be kept confidential with only summarised results reported.</p> <p>Postal address (Number, Street, Suburb or Town, State, Postcode)</p>		<p>Help CCCSC organise appropriate activities and plan for the future by answering the questions below about yourself and household members:</p> <table border="1"> <thead> <tr> <th colspan="3">Skiing Level</th> <th colspan="5">Interests</th> </tr> <tr> <th colspan="3">What type of ski trips do you like? (you can tick more than one box)</th> <th colspan="5">What do you hope to get from membership of CCCSC in this session (you can tick more than one box)</th> </tr> <tr> <th>Beginner</th> <th>Short and easy</th> <th>Intermediate</th> <th>Advanced</th> <th>Citizen races</th> <th>Resort</th> <th>Ski day trips</th> <th>Ski camping</th> <th>Ski instruction</th> <th>Other instruction</th> </tr> </thead> </table>								Skiing Level			Interests					What type of ski trips do you like? (you can tick more than one box)			What do you hope to get from membership of CCCSC in this session (you can tick more than one box)					Beginner	Short and easy	Intermediate	Advanced	Citizen races	Resort	Ski day trips	Ski camping	Ski instruction	Other instruction
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<p>Member 1</p> <p>First Name</p> <p>Last name</p> <p><input type="checkbox"/> email</p> <p><input type="checkbox"/> Daytime Phone</p> <p><input type="checkbox"/> Evening Phone</p>		Year of Birth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																									
<p>Member 2</p> <p>First Name</p> <p>Last name</p> <p><input type="checkbox"/> email</p> <p><input type="checkbox"/> Daytime Phone</p> <p><input type="checkbox"/> Evening Phone</p>		Year of Birth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																									
<p>First and last name of other household members:</p> <p>Member 3</p>		Year of Birth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																									
<p>Member 4</p>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																									
<p>Member 5</p>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																									
<p>We apply to become members of Canberra Cross Country Ski Club (CCCSC) and agree to be bound by the Constitution of CCCSC while members.</p>																																			
<p>Signed by or for each member above:</p>																																			
<p>Have you ever been a member of the CCCSC before? YES <input type="checkbox"/> NO <input type="checkbox"/> What Date did you join</p>																																			
<p>Make cheques payable to: "CCCSC"</p>																																			
<p>Mail this form and your cheque to "CCCSC, 33 Brunswick Circuit, KALEEN, ACT 2617" or</p>																																			
<p>Bring this form and your cheque or cash to a CCCSC meeting.</p>																																			
<p>Membership fees:</p>								<p>\$</p>																											
<p>\$50 for single membership</p>								<p>\$75 for household membership</p>																											